

## AUTUMN TERM 2024 V20



## TAMWORTH DISTRICT

### Tamworth Family Hub Activities Timetable



**Family Hub - Glascote**  
Hawksworth, Tamworth,  
B77 2ER  
01827 475222

**Family Hub - Leyfields**  
Masefield Drive, Tamworth,  
B79 8JB

**Family Hub - Basin Lane**  
Basin Lane, Tamworth,  
B77 2AH

Please visit our  
Facebook page to  
find a full  
description of  
the sessions



'Tamworth Family Hub'

 **Staffordshire**  
County Council

## SATURDAY

### Shining Starz—Play Your Way

#### **Family Hub - Glascote**

FREE monthly activity and play session for children with additional needs and their families! We offer a safe space, which allows freedom to explore resources and play their own way in a non structured environment.

For dates and to book email:  
[shiningstarz\\_gfh@yahoo.com](mailto:shiningstarz_gfh@yahoo.com)



## MONDAY

### Home-Start Family Group & Outdoor Fun!

#### **Family Hub - Leyfields**

Meet other families for support, music, craft and sensory play.

9.30-11.00 **TT**  
Birth-Pre-School £3.00 per child **FPC**  
Tel: Amanda 01827 62400

### Baby Massage

#### **Family Hub - Glascote**

Learn how to massage your baby in a relaxed environment, communicating love through nurturing touch. Booking required.

10.00-11.00 Ages 0-1 yr old  
£30.00 5 week course  
**FPC £5 per course**  
Tel: Natalie Wadlow 07782383663  
Email: [natalie.wadlow@yahoo.com](mailto:natalie.wadlow@yahoo.com)



## MONDAY CONT

### E&K Themed Play "Stay & Play"

#### **St Peters Church, Glascote**

Luxury themed soft play with a different theme each week, as well as our 15ft bouncy castle and a range of ride on toys. To encourage physical development, fine motor skills as well as social interaction with other children. Also, a chance for parents/ carers to meet new people

Booking required.

10.30-12.00 **TT** £5.00 per child **FPC**  
Text: Kate 07557887581

### FREE Pram to Primary

#### **Family Hub - Glascote**

Struggling with your child's behaviour, mealtimes and bedtimes becoming a challenge? If your child is aged between 0-11 yrs then this class could be for you. Booking required.

9.00-11.30 **TT** Free **FPC**  
Email: [groupwork@staffordshire.gov.uk](mailto:groupwork@staffordshire.gov.uk)

### FREE Simply Play

#### **Family Hub - Glascote**

Fun activities, try new sensory ideas and early language activities. **TT**  
Booking required.

Birth-4yrs  
Session start between 12.00-14.00  
Free **FPC**  
[groupwork@staffordshire.gov.uk](mailto:groupwork@staffordshire.gov.uk)



## TUESDAY

### The Freedom Programme

#### **Family Hub - Basin Lane**

A 12 week support group for any women fleeing or who have experienced domestic abuse.

9.30 - 11.30

Email: [ehhtamworth.gov.uk](mailto:ehhtamworth.gov.uk)

Tel: 01827 782004

### Mother & Baby Yoga

#### **Family Hub - Glascote**

Join Jemimah for these welcoming sessions which offer time for you to breathe, move and stretch and have fun with baby through massage, movement and song. Relaxed sensory play and community support.

10.00-11.00 Age 8 wks-crawling  
£39.00 6 week course £7.00 weekly  
**FPC £9 per course** Booking required.  
Tel: Jemimah England 07704200702  
Email: [info@jemimahlouise.com](mailto:info@jemimahlouise.com)  
Facebook: @jemimah\_louise

### Baby Massage

#### **Family Hub - Leyfields**

Learn how to massage your baby in a relaxed environment, communicating love through nurturing touch. Booking required.

10.00-11.00 Ages 0-1 yr old  
£30.00 5 week course  
**FPC £5 per course**  
Tel: Natalie Wadlow 07782383663

### Home-Start Twins & Multiples Club

#### **Family Hub - Glascote**

Meet other multiple families for support, sensory, music, craft and outdoor play. Booking required.

10.00-11.30 **TT**  
Birth-Pre-School £3.00 per child **FPC**  
Tel: 01827 62400



## TUESDAY CONT

### Wild Things

#### **Family Hub - Leyfields**

Sensory story and song. Taste safe messy play and craft. Child-led, open-ended sensory activities, inspired by the seasons. Led by a qualified Early Years Teacher. Booking required 12.30-13.30 Babies to Pre-walkers £37 5-week block **FPC £12**

£8 per session **FPC £3**

Tel: Jo 07478389308 or Email:

[wildthingstamworth@hotmail.com](mailto:wildthingstamworth@hotmail.com)

### Musical Babies & Toddlers

#### **Family Hub - Glascote**

Friendly, interactive class with lots of songs, raps and rhyme! Plus sensory play, bubbles, feathers, scarfs and parachute play. Outdoor and free play too!

Booking required.

12.40-13.40 Babies to pre-walkers

14.00-15.00 Ages birth-5yrs

£5.00 per family **FPC**

Tel: Hilary 07546165595

Email: [hilaryhokeycokey@yahoo.com](mailto:hilaryhokeycokey@yahoo.com)

## WEDNESDAY

### Hokey Cokey Club

#### **Family Hub - Glascote**

Friendly family group with lots of songs, messy, sensory, craft and outdoor play. Booking required.

9.30-10.45 & 11.30-12.45 Birth-5yrs

£5.00 per family **FPC**

Call or text Hilary on 07546165595

Email: [hilaryhokeycokey@yahoo.com](mailto:hilaryhokeycokey@yahoo.com)



## WEDNESDAY CONT

### Strawberries Childminder Stay & Play

#### **Family Hub - Leyfields**

Are you a childminder who's looking for somewhere to stay and play, or are you a family looking for a new childminder and would like to meet some.

9.30 - 11.00 Booking required.

£1.00 per child - snack included **FPC**

Tel: Chelsea 07954102196

### Sing and Sign

#### **Family Hub - Glascote**

Learn the magic of baby signing in a friendly, fun and easy way. Sing and Sign uses music and sensory activities to encourage early communication. Booking required.

12.45-13.30 Stage 1 - 6-15 months

£75 for 10 Weeks or **FPC £25**

13.45-14.30 Stage 1 - 6-15 months

£75 for 10 Weeks or **FPC £25**

14.45-15.15 Babes - under 6 months

£33 for 5 Weeks or **FPC £8**

Tel: Nadia 07449459712

Web: [www.singandsignnadia.co.uk](http://www.singandsignnadia.co.uk)

### Kiddibops Music Play Classes

#### **Family Hub - Leyfields**

Bang our drum, play instruments and sing in our play-based learning class. Support your child's musicality, speech & social development. Led by Music Educators. Booking Required.

12.30-13.10 Babies - Pre-walkers

13.20-14.00 Walkers - pre-school age

14.20 **SEND Music Class** (2-4 yrs)

15.20 **SEND School Starters** (4-6yrs)

Structured Music-Play classes specifically for families with children with SEND who would like a friendly, supportive and inclusive class that will support their children's learning needs.

All classes £6 block booking or

£7 PAYG - Sibling discount **FPC**

Babies under 3mths free when

accompanying a paid sibling.

Tel: Rachel 07807551661

Email: [info@kiddibops.co.uk](mailto:info@kiddibops.co.uk)

<https://kiddibops.class4kids.co.uk/>

## WEDNESDAY CONT

### In It Together: Parent & Carer SEND support group

#### **Family Hub - Glascote**

Join us for a cuppa and a chat. Make friends, share experiences and tips. Never feel judged. You're not alone, we are in this together.

Every 3rd Wednesday of each month.

10.00-12.00 Children welcome.

Free to attend. Refreshments included.

Booking required. Email:

[initttogether.tamworth@gmail.com](mailto:initttogether.tamworth@gmail.com)

Tel: Emma 07368835556

## THURSDAY

### Teen Parenting Programme

#### **Family Hub—Basin Lane**

A 6 week programme for parents and carers of 11-17 years olds. We cover communication, home rules, safety, peer pressure and how to manage challenging situations.

9.00-11.30

Email: [ehamworth.gov.uk](mailto:ehamworth.gov.uk)

Tel: 01827 782004

### Home-Start Thursday Family Group

#### **Sacred Heart Church Hall**

Meet other families for support, music, craft and sensory play.

9.30-11.00 **TT**

Birth-Pre-School £1.50 per child **FPC**

call Amanda to book on 01827 62400

### Messy Mini Movers

#### **Family Hub - Leyfields**

Opportunities for your Messy Movers to engage in their natural curiosity. Towel, wipes clean clothes will be needed!

10.00-11.00 Booking required

£5 per child & sibling discount **FPC**

Tel: Emily 07478229799



## THURSDAY CONT

### Wild Things

#### **Family Hub - Glascote**

Sensory story and song. Taste safe messy play and craft. Child-led, open-ended sensory activities, inspired by the seasons. Led by a qualified Early Years Teacher. Booking required

13.00-14.00 Babies to Pre-walkers

£37 5-week block **FPC £12**

£8 per session **FPC £3**

Tel: Jo 07478389308 or Email:

[wildthingstamworth@hotmail.com](mailto:wildthingstamworth@hotmail.com)

## FRIDAY

### Musical Babies & Toddlers

#### **Family Hub - Glascote**

Friendly, interactive class with lots of songs, raps and rhyme! Plus sensory play, bubbles, feathers, scarfs and parachute play. Outdoor and free play too, weather permitting!

Booking required.

9.30-10.30 Ages birth-5yrs

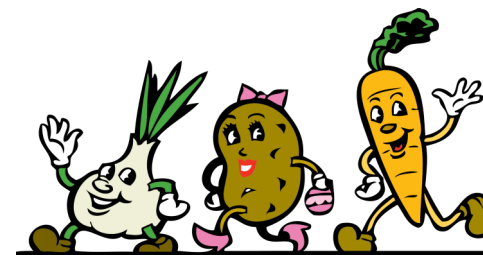
11.00-12.00 & 12.30-13.30 Babies to

pre-walkers

£5.00 per family **FPC**

Tel: Hilary 07546165595

Email: [hilaryhokeycokey@yahoo.com](mailto:hilaryhokeycokey@yahoo.com)



If you need to speak to a  
Health Visitor please call  
CAFSPA on  
0808 1780611

## FRIDAY

### KIDDIBOPS

#### **Music Play Classes**

##### **Sacred Heart Church, Glascote**

Bang our drum, play instruments and sing in our play-based learning class. Support your child's musicality, speech & social development. Led by Music Educators. Booking Required.

9.50 Babies - Pre-walkers class

10.40 Toddlers - Walkers—2.5 yrs

11.35 Mixed age - 2.5—Pre-school  
(baby siblings welcome)

#### **SEND Music-Play Support Class**

##### **Family Hub - Glascote**

Structured Music-Play classes specifically for families with children with SEND who would like a friendly, supportive and inclusive class that will support their children's learning needs.

15.15 All classes £6 block booking or

£7 PAYG - Sibling discount **FPC**

Babies under 3mths free when accompanying a paid sibling.

Book via:

Rachel 07807551661 or

[info@kiddibops.co.uk](mailto:info@kiddibops.co.uk)

<https://kiddibops.class4kids.co.uk/>

#### **Love in our Hands - Baby Yoga**

##### **Family Hub - Leyfields**

Parent and baby yoga inspired movement & sensory play. An extension of baby massage.

Booking required.

10.00-11.00 Ages 8wks-1yr old

£25.00 5 week course **FPC**

Natalie Wadlow 07782383663

Email: [natalie.wadlow@yahoo.com](mailto:natalie.wadlow@yahoo.com)

#### **Baby Bounce and Rhyme**

##### **Tamworth Library**

Rhymes and songs for parents, carers, with babies and children 0-3 years. Booking required.

11.00-11.30 Ages 0-3yrs FREE

Tel: 01827 782124

Email:

[tamworth.library@staffordshire.gov.uk](mailto:tamworth.library@staffordshire.gov.uk)

## FRIDAY CONT

### Free Basic Paediatric First Aid

#### Workshop

##### **Family Hub - Glascote & Leyfields**

Interactive workshop to teach families the basic skills of First Aid. Covering choking, breathing difficulties, burns/scalds and minor cuts/bruises.

Booking required.

Monthly Sessions, 11.30-13.30

Tel: 01827475222

Email: [Carol.Page@southstaffs.ac.uk](mailto:Carol.Page@southstaffs.ac.uk)



### NEST CIC (Newborn & Expecting Services Team CIC)

A local, volunteer led group offering Mothers and Families support from pre-conception through to the first few years of parenthood. We offer home visits, antenatal education, monthly meet ups, peer support and mindful workshops.

Visit [www.nest-cic.com](http://www.nest-cic.com) for full details.

Or find us on socials @nest.CIC

**Tamworth District has a wealth of support for you and your family please visit Staffordshire Connects for more details.**



**FPC = Children's Centre Free Pass Card**  
**Accepted up to a value of £5 per participating session**  
**TT = Term Time**



*Sensory Rooms Available*

*Family Hub - Leyfields*

*Family Hub - Glascote*

*£4.00 per hour - cash only*

*Max 6 people*

*Available 9am-4pm weekdays*

*Call Family Hub to book*

### **HEALTH VISITOR DROP-IN CLINICS**

Have your baby weighed and get advice from the Health Visitor team.

#### **MONDAY**

**Family Hub - Leyfields**

13:30 - 15:30

#### **TUESDAY**

**Family Hub - Glascote**

13:15 - 15:15

#### **WEDNESDAY**

**Family Hub - Basin Lane**

9:30 - 11:30

#### **THURSDAY**

**Stonydelph Health Centre**

9:30 - 11:30

#### **FRIDAY**

**Wilnecote Health Centre**

9:30 - 11:30

**PLEASE NOTE: LAST ENTRY IS 15 MINUTES BEFORE THE END OF THE DROP-IN CLINIC**

**CAFSPA—0808 1780611**

# Childcare Choices

Keep your childcare support – check your details every 3 months:  
[gov.uk/childcareaccount](http://gov.uk/childcareaccount)



HM Government

Find out about childcare support at [childcarechoices.gov.uk](http://childcarechoices.gov.uk)



## THINK 2

Funded Early Learning Childcare Sessions

Funded sessions for 2 year olds.

Is your child eligible?



**Staffordshire County Council**



## SUPPORT FOR YOU AND YOUR FAMILY IN TAMWORTH

### Healthy Start Vouchers

Are you pregnant or have children under four? You may qualify for the Healthy Start voucher scheme to help you buy food, milk and vitamins.

Healthy Start

NHS

Check if you're eligible at [healthystart.nhs.uk](http://healthystart.nhs.uk)



Staffordshire County Council

### Thinking of volunteering with Early Years in Children's Centres?



YOUR FAMILY HUB

For more information please contact Kate  
Email: [kate.tomson-rayner@staffordshire.gov.uk](mailto:kate.tomson-rayner@staffordshire.gov.uk)  
Call: 07971951684

Staffordshire County Council

## Staffordshire Family Support and Outreach Service

Delivered by: Malachi Specialist Family Support



### What is Malachi Family Support?

Staffordshire County Council provide Family Support Workers through Malachi, an established organisation who use a therapeutic approach to provide support for families. Malachi support children and young people from 0-19 years and up to 25 years for those with Special Educational Needs and Disabilities.

We endeavour to help parents and carers with the vulnerabilities they may be having, which are affecting family life.

Examples of support may include:

- ▶ Parenting skills and strategies
- ▶ Building healthy relationships
- ▶ Emotional wellbeing
- ▶ Staying safe in the community
- ▶ Building confidence and self-esteem
- ▶ Child's development (inc. Early Years)
- ▶ Housing and financial issues
- ▶ Building positive relationships between home and school
- ▶ Returning to employment or education
- ▶ Developing positive community relationships
- ▶ Access to local services and facilities

Please direct referrals and enquiries to:

✉ [staffordshire@malachi.org.uk](mailto:staffordshire@malachi.org.uk)  
☎ 0121 441 4556



## FAMILY HUBS



We've created a hub for families in Staffordshire. To keep them happy, healthy and safe.

We can answer your questions and help you find support and share ideas.

We also have some fantastic projects to share with you from cooking with the family on a budget, being creative with craft activities to setting up some exciting play opportunities with our Community Crates Fun activities.

Family Hub Cooking!



[www.staffordshire.gov.uk/familyhubs](http://www.staffordshire.gov.uk/familyhubs)



Click on the QR code to take you to our Family Hub page for more details.

### DAD-ICATED

This is a private Facebook group for Dad's to come together and share experiences, gain advice and support.



'Help with Childcare costs' Childcare funding is changing, here's some advice from Staffordshire County Council to advise you



Connecting you with help and support in your community.

CONNECTS



Visit the new Staffordshire SEND Local Offer (Special Educational Needs and Disability) [www.staffordshireconnects.info](http://www.staffordshireconnects.info)

For children and young people aged 0-25 years

The best place to go to find information about SEND support in Staffordshire.

- Early years and childcare
- Education
- Social Care
- Health and Wellbeing
- Travel and transport
- Places to go, things to do
- Preparing for adulthood
- Money Matters
- Extra Help available to children, families and settings
- Information and support including support groups and organisations
- Policy information, referral mechanisms, forms and templates

Email: [localoffer@staffordshire.gov.uk](mailto:localoffer@staffordshire.gov.uk)

Staffordshire County Council

Feeding your baby's hungry little mind is easy...



Sign up to get emails packed with activities, support and reminders when your baby's health checks are due.

For parents of 0 to 2 year olds.

Scan the code to sign up and start feeding your baby's hungry little mind!



Hungry Little Minds Staffordshire and Stoke-on-Trent



Visit **Tamworth Pre-Loved Uniform Market** on Facebook to donate, sell or ask for pre loved uniforms!