

AUTUMN TERM 2024 V20



TAMWORTH DISTRICT

Tamworth Family Hub Activities Timetable



Family Hub - Glascote
Hawksworth, Tamworth,
B77 2ER
01827 475222

Family Hub - Leyfields
Masefield Drive, Tamworth,
B79 8JB

Family Hub - Basin Lane
Basin Lane, Tamworth,
B77 2AH

Please visit our
Facebook page to
find a full
description of
the sessions



'Tamworth Family Hub'

 Staffordshire
County Council

SATURDAY

Shining Starz—Play Your Way

Family Hub - Glascote

FREE monthly activity and play session for children with additional needs and their families! We offer a safe space, which allows freedom to explore resources and play their own way in a non structured environment.

For dates and to book email:
shiningstarz_qfh@yahoo.com



MONDAY

Home-Start Family Group & Outdoor Fun!

Family Hub - Leyfields

Meet other families for support, music, craft and sensory play.

9.30-11.00 **TT**
Birth-Pre-School £3.00 per child **FPC**
Tel: Amanda 01827 62400

Baby Massage

Family Hub - Glascote

Learn how to massage your baby in a relaxed environment, communicating love through nurturing touch.

Booking required.
10.00-11.00 Ages 0-1 yr old
£30.00 5 week course

FPC £5 per course
Tel: Natalie Wadlow 07782383663
Email: natalie.wadlow@yahoo.com



MONDAY CONT

E&K Themed Play "Stay & Play"

St Peters Church, Glascote

Luxury themed soft play with a different theme each week, as well as our 15ft bouncy castle and a range of ride on toys. To encourage physical development, fine motor skills as well as social interaction with other children. Also, a chance for parents/ carers to meet new people

Booking required.

10.30-12.00 **TT** £5.00 per child **FPC**
Text: Kate 07557887581

FREE Pram to Primary

Family Hub - Glascote

Struggling with your child's behaviour, mealtimes and bedtimes becoming a challenge? If your child is aged between 0-11 yrs then this class could be for you. Booking required.

9.00-11.30 **TT** Free **FPC**
Email: groupwork@staffordshire.gov.uk

FREE Simply Play

Family Hub - Glascote

Fun activities, try new sensory ideas and early language activities. **TT**
Booking required.

Birth-4yrs
Session start between 12.00-14.00
Free **FPC**
groupwork@staffordshire.gov.uk



TUESDAY

The Freedom Programme

Family Hub - Basin Lane

A 12 week support group for any women fleeing or who have experienced domestic abuse.

9.30 - 11.30
Email: ehmtamworth.gov.uk
Tel: 01827 782004

Mother & Baby Yoga

Family Hub - Glascote

Join Jemimah for these welcoming sessions which offer time for you to breathe, move and stretch and have fun with baby through massage, movement and song. Relaxed sensory play and community support.

10.00-11.00 Age 8 wks-crawling
£39.00 6 week course £7.00 weekly
FPC £9 per course Booking required.
Tel: Jemimah England 07704200702
Email: info@jemimahlouise.com
Facebook: @jemimah_louise

Baby Massage

Family Hub - Leyfields

Learn how to massage your baby in a relaxed environment, communicating love through nurturing touch.
Booking required.

10.00-11.00 Ages 0-1 yr old
£30.00 5 week course
FPC £5 per course
Tel: Natalie Wadlow 07782383663

Home-Start Twins & Multiples Club

Family Hub - Glascote

Meet other multiple families for support, sensory, music, craft and outdoor play. Booking required.

10.00-11.30 **TT**
Birth-Pre-School £3.00 per child **FPC**
Tel: 01827 62400



TUESDAY CONT

Wild Things

Family Hub - Leyfields

Sensory story and song. Taste safe messy play and craft. Child-led, open-ended sensory activities, inspired by the seasons. Led by a qualified Early Years Teacher. Booking required
12.30-13.30 Babies to Pre-walkers
£37 5-week block **FPC £12**

£8 per session **FPC £3**

Tel: Jo 07478389308 or Email:

wildthingstamworth@hotmail.com

Musical Babies & Toddlers

Family Hub - Glascote

Friendly, interactive class with lots of songs, raps and rhyme! Plus sensory play, bubbles, feathers, scarfs and parachute play. Outdoor and free play too!

Booking required.

12.40-13.40 Babies to pre-walkers

14.00-15.00 Ages birth-5yrs

£5.00 per family **FPC**

Tel: Hilary 07546165595

Email: hilaryhokeycokey@yahoo.com

WEDNESDAY

Hokey Cokey Club

Family Hub - Glascote

Friendly family group with lots of songs, messy, sensory, craft and outdoor play. Booking required.

9.30-10.45 & 11.30-12.45 Birth-5yrs

£5.00 per family **FPC**

Call or text Hilary on 07546165595

Email: hilaryhokeycokey@yahoo.com



WEDNESDAY CONT

Strawberries Childminder Stay & Play

Family Hub - Leyfields

Are you a childminder who's looking for somewhere to stay and play, or are you a family looking for a new childminder and would like to meet some.

9.30 - 11.00 Booking required.

£1.00 per child - snack included **FPC**

Tel: Chelsea 07954102196

Sing and Sign

Family Hub - Glascote

Learn the magic of baby signing in a friendly, fun and easy way. Sing and Sign uses music and sensory activities to encourage early communication. Booking required.

12.45-13.30 Stage 1 - 6-15 months
£75 for 10 Weeks or **FPC £25**

13.45-14.30 Stage 1 - 6-15 months
£75 for 10 Weeks or **FPC £25**

14.45-15.15 Babes - under 6 months
£33 for 5 Weeks or **FPC £8**

Tel: Nadia 07449459712

Web: www.singandsignnadia.co.uk

Kiddibops Music Play Classes

Family Hub - Leyfields

Bang our drum, play instruments and sing in our play-based learning class. Support your child's musicality, speech & social development. Led by Music Educators. Booking Required.

12.30-13.10 Babies - Pre-walkers

13.20-14.00 Walkers - pre-school age

14.20 **SEND Music Class**(2-4 yrs)

15.20 **SEND School Starters** (4-6yrs)

Structured Music-Play classes specifically for families with children with SEND who would like a friendly, supportive and inclusive class that will support their children's learning needs.

All classes £6 block booking or

£7 PAYG - Sibling discount **FPC**

Babies under 3mths free when accompanying a paid sibling.

Tel: Rachel 07807551661

Email: info@kiddibops.co.uk

<https://kiddibops.class4kids.co.uk/>

WEDNESDAY CONT

In It Together: Parent & Carer

SEND support group

Family Hub - Glascote

Join us for a cuppa and a chat. Make friends, share experiences and tips. Never feel judged. You're not alone, we are in this together.

Every 3rd Wednesday of each month.

10.00-12.00 Children welcome.

Free to attend. Refreshments included.

Booking required. Email:

initttogether.tamworth@gmail.com

Tel: Emma 07368835556

THURSDAY

Teen Parenting Programme

Family Hub—Basin Lane

A 6 week programme for parents and carers of 11-17 years olds. We cover communication, home rules, safety, peer pressure and how to manage challenging situations.

9.00-11.30

Email: ehhtamworth.gov.uk

Tel: 01827 782004

Home-Start Thursday Family Group

Sacred Heart Church Hall

Meet other families for support, music, craft and sensory play.

9.30-11.00 **TT**

Birth-Pre-School £1.50 per child **FPC**

call Amanda to book on 01827 62400

Messy Mini Movers

Family Hub - Leyfields

Opportunities for your Messy Movers to engage in their natural curiosity. Towel, wipes clean clothes will be needed!

10.00-11.00 Booking required

£5 per child & sibling discount **FPC**

Tel: Emily 07478229799



THURSDAY CONT

Wild Things

Family Hub - Glascote

Sensory story and song. Taste safe messy play and craft. Child-led, open-ended sensory activities, inspired by the seasons. Led by a qualified Early Years Teacher. Booking required
13.00-14.00 Babies to Pre-walkers
£37 5-week block **FPC £12**

£8 per session **FPC £3**

Tel: Jo 07478389308 or Email:

wildthingstamworth@hotmail.com

FRIDAY

Musical Babies & Toddlers

Family Hub - Glascote

Friendly, interactive class with lots of songs, raps and rhyme! Plus sensory play, bubbles, feathers, scarfs and parachute play. Outdoor and free play too, weather permitting!

Booking required.

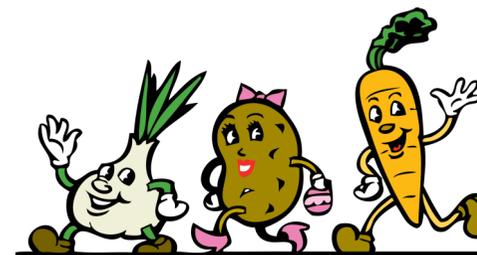
9.30-10.30 Ages birth-5yrs

11.00-12.00 & 12.30-13.30 Babies to pre-walkers

£5.00 per family **FPC**

Tel: Hilary 07546165595

Email: hilaryhokeycokey@yahoo.com



If you need to speak to a
Health Visitor please call
CAFSPA on
0808 1780611

FRIDAY

KIDDIBOPS

Music Play Classes

Sacred Heart Church, Glascoate

Bang our drum, play instruments and sing in our play-based learning class. Support your child's musicality, speech & social development. Led by Music Educators. Booking Required.

9.50 Babies - Pre-walkers class

10.40 Toddlers - Walkers—2.5 yrs

11.35 Mixed age - 2.5—Pre-school
(baby siblings welcome)

SEND Music-Play Support Class

Family Hub - Glascoate

Structured Music-Play classes specifically for families with children with SEND who would like a friendly, supportive and inclusive class that will support their children's learning needs.

15.15 All classes £6 block booking or

£7 PAYG - Sibling discount **FPC**

Babies under 3mths free when accompanying a paid sibling.

Book via:

Rachel 07807551661 or

info@kiddibops.co.uk

<https://kiddibops.class4kids.co.uk/>

Love in our Hands - Baby Yoga

Family Hub - Leyfields

Parent and baby yoga inspired movement & sensory play. An extension of baby massage.

Booking required.

10.00-11.00 Ages 8wks-1yr old

£25.00 5 week course **FPC**

Natalie Wadlow 07782383663

Email: natalie.wadlow@yahoo.com

Baby Bounce and Rhyme

Tamworth Library

Rhymes and songs for parents, carers, with babies and children 0-3 years.

Booking required.

11.00-11.30 Ages 0-3yrs FREE

Tel: 01827 782124

Email:

tamworth.library@staffordshire.gov.uk

FRIDAY CONT

Free Basic Paediatric First Aid Workshop

Family Hub - Glascoate & Leyfields

Interactive workshop to teach families the basic skills of First Aid. Covering choking, breathing difficulties, burns/scalds and minor cuts/bruises.

Booking required.

Monthly Sessions, 11.30-13.30

Tel: 01827475222

Email: Carol.Page@southstaffs.ac.uk



NEST CIC (Newborn & Expecting Services Team CIC)

A local, volunteer led group offering Mothers and Families support from pre-conception through to the first few years of parenthood. We offer home visits, antenatal education, monthly meet ups, peer support and mindful workshops.

Visit www.nest-cic.com for full details.

Or find us on socials @nest.CIC

Tamworth District has a wealth of support for you and your family please visit Staffordshire Connects for more details.



FPC = Children's Centre Free Pass Card Accepted up to a value of £5 per participating session TT = Term Time



Sensory Rooms Available

Family Hub - Leyfields

Family Hub - Glascoate

£4.00 per hour - cash only

Max 6 people

Available 9am-4pm weekdays

Call Family Hub to book

HEALTH VISITOR DROP-IN CLINICS

Have your baby weighed and get advice from the Health Visitor team.

MONDAY

Family Hub - Leyfields

13:30 - 15:30

TUESDAY

Family Hub - Glascoate

13:15 - 15:15

WEDNESDAY

Family Hub - Basin Lane

9:30 - 11:30

THURSDAY

Stonydelph Health Centre

9:30 - 11:30

FRIDAY

Wilnecote Health Centre

9:30 - 11:30

PLEASE NOTE: LAST ENTRY IS 15 MINUTES BEFORE THE END OF THE DROP-IN CLINIC

CAFSPA—0808 1780611

Childcare Choices

Keep your childcare support - check your details every 3 months: gov.uk/childcareaccount



HM Government

Find out about childcare support at childcarechoices.gov.uk



THINK 2

Funded Early Learning Childcare Sessions

Funded sessions for 2 year olds.

Is your child eligible?

Staffordshire County Council



Staffordshire County Council

SUPPORT FOR YOU AND YOUR FAMILY IN TAMWORTH

Healthy Start Vouchers

Are you pregnant or have children under four? You may qualify for the Healthy Start voucher scheme to help you buy food, milk and vitamins.

Healthy Start



Check if you're eligible at healthystart.nhs.uk



Thinking of volunteering with Early Years in Children's Centres?



YOUR FAMILY HUB

For more information please contact Kate
Email: kate.tomson-rayner@staffordshire.gov.uk
Call: 07971951684



Staffordshire Family Support and Outreach Service

Delivered by Malachi Specialist Family Support



What is Malachi Family Support?

Staffordshire County Council provide Family Support Workers through Malachi, an established organisation who use a therapeutic approach to provide support for families. Malachi support children and young people from 0-19 years and up to 25 years for those with Special Educational Needs and Disabilities.

We endeavour to help parents and carers with the vulnerabilities they may be having, which are affecting family life.

Examples of support may include:

- ▶ Parenting skills and strategies
- ▶ Building healthy relationships
- ▶ Emotional wellbeing
- ▶ Staying safe in the community
- ▶ Building confidence and self-esteem
- ▶ Child's development (inc. Early Years)
- ▶ Housing and financial issues
- ▶ Building positive relationships between home and school
- ▶ Returning to employment or education
- ▶ Developing positive community relationships
- ▶ Access to local services and facilities

Please direct referrals and enquiries to:

✉ staffordshire@malachi.org.uk
☎ 0121 441 4556



FAMILY HUBS



We've created a hub for families in Staffordshire. To keep them happy, healthy and safe.

We can answer your questions and help you find support and share ideas.

We also have some fantastic projects to share with you from cooking with the family on a budget, being creative with craft activities to setting up some exciting play opportunities with our Community Crates Fun activities.

Family Hub Cooking!



www.staffordshire.gov.uk/familyhubs



Click on the QR code to take you to our Family Hub page for more details.

DAD-ICATED

This is a private Facebook group for Dad's to come together and share experiences, gain advice and support.



'Help with Childcare costs' Childcare funding is changing, here's some advice from Staffordshire County Council to advise you



Connecting you with help and support in your community.



Visit the new Staffordshire SEND Local Offer (Special Educational Needs and Disability) www.staffordshireconnects.info

For children and young people aged 0-25 years

The best place to go to find information about SEND support in Staffordshire.

- Early years and childcare
- Education
- Social Care
- Health and Wellness
- Travel and transport
- Places to go, things to do
- Preparing for adulthood
- Money Matters
- Extra Help available to children, families and settings
- Information and support including support groups and organisations
- Policy information, referral mechanisms, forms and templates

Email: localoffer@staffordshire.gov.uk



Feeding your baby's hungry little mind is easy...



Sign up to get emails packed with activities, support and reminders when your baby's health checks are due.

For parents of 0 to 2 year olds.

Scan the code to sign up and start feeding your baby's hungry little mind!



Hungry Little Minds Staffordshire and Stoke-on-Trent



Visit **Tamworth Pre-Loved Uniform Market** on Facebook to donate, sell or ask for pre loved uniforms!