SUMMER TERM 2025 V2

Tamworth
Family
Hub
Activities
Timetable

Family Hub - Glascote Hawksworth, Tamworth, B77 2ER

01827 475222

Family Hub - Leyfields Masefield Drive, Tamworth, B79 81B

Family Hub - Basin Lane Basin Lane, Tamworth, B77 2AH



Please visit our Facebook page to find a full description of the sessions



'Tamworth Family Hub'



SATURDAY

Shining Starz—Play Your Way

Family Hub - Glascote

FREE monthly activity and play session for children with additional needs and their families! We offer a safe space, which allows freedom to explore resources and play their own way in a non structured environment. For dates and to book email: shiningstarz gfh@yahoo.com

Foodie Discovery Classes

Family Hub - Leyfields

Inspire kids' inner foodie as they chop, mix, and create delicious dishes to take home each week! Booking required. 10.00-11.15 Ages 5-11yrs **TT** £10.00

Whatsapp: 07496522555

Email: foodies@thefoodiesclub.co.uk

MONDAY

Home-Start Family Group & Outdoor Fun!

Family Hub - Leyfields

Meet other families for support, music, craft and sensory play.

9.30-11.00

Birth-Pre-School £3.00 per child FPC

Tel: 01827 62400

Baby Massage

Family Hub - Glascote

Learn how to massage your baby in a relaxed environment, communicating love through nurturing touch.

Booking required.

10.00-11.00 Ages 0-1 yr old £30.00 5 week course

FPC £5 per course

Tel: Natalie Wadlow 07782383663 Email: natalie.wadlow@yahoo.com

MONDAY CONT

FREE Simply Play for Babies

Family Hub - Glascote

Would you like to learn more about your baby's development? Would you like to find new ways of supporting them through play? Then this might be the course for you! Booking required. 10.00-11.30 TT

Email: groupwork@staffordshire.gov.uk

Foodie Discovery Classes

Family Hub - Basin Lane

Inspires a love for food as little chefs expand their tastes, discover new ingredients, build confidence and key life skills, and create a delicious dish to take home each week. Booking required.

10.00-11.15 Ages 2.5-5yrs **TT**

£10.00 FPC £5

Whatsapp: 07496522555

Email: foodies@thefoodiesclub.co.uk

<u>Tots Play Tamworth - Baby</u> <u>Development Course</u>

The Dordon Club, B78 1PZ

6 week course covering massage, yoga, sign language, tummy time, calming techniques and sensory play. Booking required.

12.30-13.20 **TT** Ages 0-6mths

£65.00 FPC

Web: www.totsplay.co.uk/tamworth

FREE Simply Play

Family Hub - Glascote

Fun activities, try new sensory ideas and early language activities. **TT**Booking required.
Ages Birth—4yrs
13.00-14.30

Email: groupwork@staffordshire.gov.uk







TUESDAY

The Freedom Programme

Family Hub - Basin Lane

A 12 week support group for any women fleeing or who have experienced domestic abuse.

9.30 - 11.30

Email: ehttamworth.gov.uk

Tel: 01827 782004

Love in our Hands - Baby Yoga

Family Hub - Leyfields

Parent and baby yoga inspired movement & sensory play. An extension of baby massage. Booking required.

10.00-11.00 Ages 8wks-1yr old £25.00 5 week course **FPC**Natalie Wadlow 07782383663

Email: natalie.wadlow@yahoo.com

Home-Start Twins & Multiples Club

Family Hub - Glascote

Meet other multiple families for support, sensory, music, craft and outdoor play. Booking required.

10.00-11.30

Birth-Pre-School £3.00 per child **FPC**

Tel: 01827 62400

Tots Play Tamworth

The Dordon Club, B78 1PZ

Yoga, massage, sign language and sensory play in a relaxed and welcoming space. Booking required. TT 10.00-10.45 Action Tots Ages 2-4 yrs 11.15-11.55 Social Tots Active crawlers to 2yrs

12.30-13.10 **Discovery Tots** Precrawlers

£18 for 3 week trial - £27/month thereafter **FPC**

Web: www.totsplay.co.uk/tamworth



TUESDAY CONT

Musical Babies & Toddlers

Family Hub - Glascote

Friendly, interactive class with lots of songs, raps and rhyme! Plus sensory play, bubbles, feathers, scarfs and parachute play. Outdoor and free play too!

Booking required.

12.40-13.40 Babies to pre-walkers 14.00-15.00 Ages birth-5yrs £6.00 for up to 2 siblings (£2.50 for additional siblings) FPC

Tel: Hilary 07546165595

Email: hilarvhokevcokev@vahoo.com

FREE From Pram to Primary School

Family Hub - Levfields

Would you like to feel more confident in your parenting? Would you like to learn more about your child's behaviours and their emotional development? Then Pram to Primary might be the course for you!

Booking required. 13.00-15.00

Email: groupwork@staffordshire.gov.uk

WEDNESDAY

Hokey Cokey Club

Family Hub - Glascote

Friendly family group with lots of songs, messy, sensory, craft and outdoor play. Booking required.

9.30-10.45 & 11.30-12.45 Birth-5yrs £6.00 for up to 2 siblings (£2.50 for additional siblings) FPC

Call or text Hilary on 07546165595 Email: hilaryhokeycokey@yahoo.com

> DID YOU KNOW.... A yummy fresh fruit snack is provided at many of our groups

WEDNESDAY CONT

Strawberries Childminder Stay & **Plav**

Family Hub - Levfields

Are you a childminder who's looking for somewhere to stay and play, or are you a family looking for a new childminder and would like to meet some. 9.30 - 11.00 Booking required. £1.00 per child - snack included FPC Tel: Chelsea 07954102196

In It Together: Parent & Carer SEND support group



Family Hub - Glascote

Join us for a cuppa and a chat. Make friends, share experiences and tips. Never feel judged. You're not alone, we are in this together.

Every 3rd Wednesday of each month. 10.00-12.00 Children welcome. Free to attend. Refreshments included. Booking required. Email:

inittogether.tamworth@gmail.com

Tel: Emma 07368835556

Tots Play Tamworth

The Dordon Club, B78 1PZ

Yoga, massage, sign language and sensory play in a relaxed and welcoming space. Booking required. TT 10.00-10.45 **Action Tots** Ages 2-4 yrs 11.15-11.55 **Social Tots** Active crawlers to 2vrs 12.30-13.10 Discovery Tots Precrawlers £18 for 3 week trial - £27/month

thereafter **FPC**

Web: www.totsplay.co.uk/tamworth

SEND Stay and Play!

Two Rivers Nursery/EYFS - B77 2HJ

An opportunity to chat to professionals, meet other families and make new friends! Booking Required.

13.30-14.30 Ages 5yrs and under Tel: 01827 426123







WEDNESDAY CONT

Kiddibops Music Play Classes

Family Hub - Leyfields

Bang our drum, play instruments and sing in our play-based learning class. Support your child's musicality, speech & social development. Led by Music Educators. Booking Required. 12.30-13.10 Babies - Pre-walkers 13.20-14.00 Walkers - pre-school age 14.20 SEND Music Class(2-4 vrs) 15.20 SEND School Starters (4-6vrs) Structured Music-Play classes specifically for families with children with SEND who would like a friendly, supportive and inclusive class that will support their children's learning needs.

All classes £6 block booking or £7 PAYG - Sibling discount FPC Babies under 3mths free when accompanying a paid sibling. Tel: Rachel 07807551661 Email: info@kiddibops.co.uk

https://kiddibops.class4kids.co.uk/

THURSDAY

Teen Parenting Programme

Family Hub-Basin Lane

A 6 week programme for parents and carers of 11-17 years olds. We cover communication, home rules, safety, peer pressure and how to manage challenging situations.

9.00-11.30

Email: ehttamworth.gov.uk

Tel: 01827 782004

Home-Start Thursday Family Group

Sacred Heart Church Hall

Meet other families for support, music, craft and sensory play.

9.30-11.00 **TT**

Birth-Pre-School £3.00 per child **FPC**

Tel: 01827 62400

THURSDAY CONT

Tots Play Tamworth

The Dordon Club, B78 1PZ

Yoga, massage, sign language and sensory play in a relaxed and welcoming space. Booking required. TT 10.00-10.40 Social Tots Active crawlers to 2yrs 11.15-11.55 Discovery Tots Pre-

crawlers £18 for 3 week trial - £27/month thereafter FPC

Web: www.totsplay.co.uk/tamworth

FREE Simply Play

Family Hub - Leyfields

Fun activities, try new sensory ideas and early language activities. TT Booking required. 13.00-14.30 Birth—4yrs

Free **FPC**

Email: groupwork@staffordshire.gov.uk

Tots Play Tamworth - Baby Development Course

The Dordon Club, B78 1PZ

6 week course covering massage, yoga, sign language, tummy time, calming techniques and sensory play. Booking reauired.

12.30-13.20 TT

Ages 0-6mths £65.00 FPC

Web: www.totsplav.co.uk/tamworth











FRIDAY

Musical Babies & Toddlers

Family Hub - Glascote

Friendly, interactive class with lots of songs, raps and rhyme! Plus sensory play, bubbles, feathers, scarfs and parachute play. Outdoor and free play too, weather permitting! Booking required.

9.30-10.30 Ages birth-5yrs 11.00-12.00 & 12.30-13.30 Babies to pre-walkers

£6.00 for up to 2 siblings (£2.50 for additional siblings) **FPC**

Tel: Hilary 07546165595

Email: hilaryhokeycokey@yahoo.com

KIDDIBOPS Music Play Classes

Sacred Heart Church, Glascote

Bang our drum, play instruments and sing in our play-based learning class. Support your child's musicality, speech & social development. Led by Music Educators. Booking Required.
9.50 Babies - Pre-walkers class
10.40 Toddlers - Walkers—2.5 yrs
11.35 Mixed age - 2.5—Pre-school (baby siblings welcome)

SEND Music-Play Support Class

Family Hub - Glascote

Structured Music-Play classes specifically for families with children with SEND who would like a friendly, supportive and inclusive class that will support their children's learning needs. 15.15 All classes £6 block booking or

£7 PAYG - Sibling discount FPC Babies under 3mths free when accompanying a paid sibling. Book via:

Rachel 07807551661 or

info@kiddibops.co.uk
https://kiddibops.class4kids.co.uk/



FRIDAY CONT

Baby Bounce and Rhyme

Tamworth Library

Rhymes and songs for parents, carers, with babies and children 0-3 years. Booking required.

11.00-11.30 Ages 0-3yrs FREE Tel: 01827 782124

Email:

tamworth.library@staffordshire.gov.uk

FREE Simply Play for Babies

Family Hub - Leyfields

Would you like to learn more about your baby's development? Would you like to find new ways of supporting them through play? Then this might be the course for you! Booking required. 13.00-14.30 TT Free

Email: groupwork@staffordshire.gov.uk









Sensory Rooms Available
Family Hub - Leyfields
Family Hub - Glascote
£4.00 per hour - cash only
Max 6 people
Available 9am-4pm weekdays
Call Family Hub to book

HEALTH VISITOR DROP-IN CLINICS

Have your baby weighed and get advice from the Health Visitor team.

MONDAY

Family Hub - Leyfields 13:30 - 15:30

TUESDAY

Family Hub - Glascote 13:15 - 15:15

WEDNESDAY

Family Hub - Basin Lane

9:30 - 11:30

THURSDAY

Stonydelph Health Centre

9:30 - 11:30

FRIDAY

Wilnecote Health Centre

9:30 - 11:30

SCHOOL NURSE DROP-IN

MONDAY

Family Hub - Basin Lane 9:30 - 11:30

PLEASE NOTE: LAST ENTRY IS 15 MINUTES BEFORE THE END OF THE DROP-IN CLINIC

CAFSPA-0808 1780611

FPC = Children's
Centre Free Pass Card
Accepted up to a
value of £5 per
participating session
TT = Term Time
= Classes aimed
at SEND children
and their families





Bump to Toddler Pathway

A website full of advice and support from conception till your child turns 2 years old!

Tamworth District has a wealth of support for you and your family please visit Staffordshire Connects for more details.









Childcare

Choices

Keep your childcare support - check your details every 3 months: gov.uk/childcareaccount



HM Government

Find out about childcare support at childcarechoices.gov.uk







Community **Family Support** Service

Delivered by: Malachi Specialist Family Support

Family Hub Referral Form

This service is accessed via the Staffordshire Family Hub Referral.

The purpose of the Family Hub Referral is to help families receive the right help, at the right time, in the right place. The Family Hub Referral is managed by Staffordshire County Council as part of the local Family Hub Offer.

What is Malachi **Family Support?**

Staffordshire County Council provide Family Support through Malachi, an established organisation who use a therapeutic approach to provide support for families. Malachi support families with children and young people from 0-19 years and up to 25 years for those with Special Educational Needs and Disabilities

We endeavour to help parents and carers with the vulnerabilities they may be experiencing, which maybe affecting family life.

Examples of support may include

- Building healthy relationships
- > Emotional wellbeing
- Staving safe in the community Building confidence and
- Child's development (inc. Early Years)
- Housing and financial issues
- Parenting skills and strategies Building positive relationships between home and school
 - Returning to employment or education
 - Developing positive community relationships
 - Access to local services and facilities





SUPPORT FOR YOU AND YOUR **FAMILY IN TAMWORTH**

Are you pregnant or have children under four? You may buy food, milk and vitamins.

Healthy Start





Thinking of volunteering with Early Years in **Children's Centres?**





'Help with Childcare costs' Childcare funding is changing, here's some advice from Staffordshire County Council to advise you

Connecting you with help and support in your community.



Visit the new Staffordshire SEND Local Offer

www.staffordshireconnects.info

For children and young people aged 0-25 years

The best place to go to find information about SEND support in Staffordshire.

- Social Care
- Health and Wellness
- Travel and transport
- · Places to go, things to do

Email: localoffer@staffordshire.gov.uk

Information and support includ

Staffordshire County Council

Feeding your baby's hungry little mind is easy...



Sign up to get emails packed with activities. support and reminders when your baby's health checks are due.

For parents of 0 to 2 year olds



Hungry Little Minds Staffordshire and Stoke-on-Trent



Visit Tamworth Pre-**Loved Uniform Market** on Facebook to donate. sell or ask for pre loved uniforms!