



Wow Active Physical Activity Programme

St. Gabriel's has implemented the WOW Active Physical Activity Programme, as it aims to improve children's physical literacy and overall activity levels. As a school, we feel it has a direct influence on improving children's fitness and engagement with sport. With assessments conducted throughout the academic year, the Programme is fully inclusive promoting and supporting physical activity for all abilities with the aim to improve every child's 'personal best' score. The online software enables children to access their results and download resources plus teachers can access Ofsted compatible data and reports to support monitoring and assessment.

Over the last few years St Gabriel's has consistently seen a direct improvement with children's fitness levels through the WOW active program:

| <u>Academic Year</u> | <u>Overall School Improvement</u> |
|----------------------|-----------------------------------|
| 2014-15 | 29% |
| 2015-16 | 33% |
| 2016-17 | 20% |
| 2017-18 | 33% |
| 2018-19 | 38% |
| 2019-20 | 22% |

WOW Active programme summary

- Maximising the sport premium budget, the WOW Active programme provides evidence of impact and outcomes.
- Each year group have their own activity programme which focuses on improving children's fundamental movements and overall activity levels.
- Each child has a secure, personal login to track their individual progress and download challenge cards relative to their score.
- The programme identifies target intervention groups plus the highest scorers and most improved.
- The interactive portal enables school leaders and management to access Ofsted compatible data and reports in order to provide clear definable evidence of physical activity enhancement.
- The programmes software is GDPR compliant.

Full access to Ofsted compatible data

- The online data allows teachers to view a variety of reports such as: individual child, class, year group, key stage, gender, SEN, Pupil Premium, EAL and Ethnicity.
- Reports are generated following every assessment, allowing teachers to monitor improvements of the individual child, while also comparing class scores with the WOW Active national average.
- Class teachers can use the feedback forms provided to help form end of year reports whilst monitoring each individual child's score as a simple and effective assessment tool.

The impact St Gabriel's will see:

- Engagement of all pupils participating in physical activity creating a positive culture of healthy living.
- An average overall school improvement of 25%
- Children are inspired to improve their scores, gain personal bests and become more accountable of their health and fitness.
- The importance of exercise and the links to wellbeing are promoted throughout every session.
- Parents are encouraged to support their children at home using the challenge card resources on the secure online portal, thus providing further opportunities outside of school for children to participate in physical activity.