AUTUMN TERM 2025 V3

Tamworth Family Hub **Activities** Timetable¹

> Family Hub - Glascote Hawksworth, Tamworth, **B77 2ER**

01827 475222

Family Hub - Leyfields Masefield Drive, Tamworth, B79 81B

Family Hub - Basin Lane Basin Lane, Tamworth, **B77 2AH**



Please visit our Facebook page to find a full description of the sessions



'Tamworth Family Hub'



SATURDAY

Shining Starz—Play Your Way

Family Hub - Glascote

业 FREE monthly activity and play session for children with additional needs and their families! We offer a safe space, which allows freedom to explore resources and play their own way in a non structured environment. For dates and to book email: shiningstarz gfh@vahoo.com

Foodie Discovery Classes

Family Hub - Glascote

Inspire kids' inner foodie as they chop. mix, and create delicious dishes to take home each month! Booking required.

Ages 2.5-11yrs £10.00 FPC £5

For dates and to book contact:

Whatsapp: 07496522555

Email: foodies@thefoodiesclub.co.uk

MONDAY

Home-Start Family Group & Outdoor Fun!

Family Hub - Leyfields

Meet other families for support, music, craft and sensory play.

9.30-11.00

Birth-Pre-School £3.00 per child FPC

Tel: 01827 62400

Parenting with Possibilities

Family Hub - Glascote

* A guided space for parents to pause, reflect, and build tools for calm, confidence and connection.

9.30-11.00

£5.00

Tel: Stacey 07905472067

Email: etana79@virginmedia.com Web: www.parentcoaching.co.uk



Baby Massage

Family Hub - Glascote

Learn how to massage your baby in a relaxed environment, communicating love through nurturing touch. Booking required. 10.00-11.00 Ages 0-1 yr old

£30.00 5 week course

FPC £5 per course

Tel: Natalie Wadlow 07782383663 Email: natalie.wadlow@yahoo.com

Tots Play Tamworth

The Dordon Club, B78 1PZ

Yoga, massage, sign language and sensory play in a relaxed and welcoming space. Booking required, TT 09.45-10.30 Action Tots Ages 2-4 yrs 10.50-11.30 Social Tots Active crawlers to 2yrs 11.50-12.30 Discovery Tots Pre-

£18 for 3 week trial - £27/month thereafter **FPC**

Web: www.totsplay.co.uk/tamworth

FREE Simply Play

Family Hub - Glascote

Fun activities, try new sensory ideas and early language activities. TT Booking required.

Ages Birth—4yrs 13.00-14.30

Email: groupwork@staffordshire.gov.uk







TUESDAY

The Freedom Programme

Family Hub - Basin Lane

A 12 week support group for any women fleeing or who have experienced domestic abuse.

9.30 - 11.30

Email: ehttamworth.gov.uk

Tel: 01827 782004 **The Sensory Circle**

Family Hub - Glascote

A multi-sensory experience designed to stimulate your baby's development through play, music, and exploration. Classes are tailored to support your baby's cognitive, physical, and emotional development, helping them to mature their senses and motor skills. Booking required.

9.30-10.30 Ages 0-24mths £6.00 per child **FPC**

Tel: Georgia 07960925879

Email: thesensorycircle@hotmail.com

Love in our Hands - Baby Yoga

Family Hub - Leyfields

Parent and baby yoga inspired movement & sensory play. An extension of baby massage. Booking required.

10.00-11.00 Ages 8wks-1yr old £25.00 5 week course FPC

Natalie Wadlow 07782383663 Email: natalie.wadlow@yahoo.com

Home-Start Twins & Multiples Club

Family Hub - Glascote

Meet other multiple families for support, sensory, music, craft and outdoor play. Booking required.

10.00-11.30

Birth-Pre-School £3.00 per child **FPC**

Tel: 01827 62400

If you need to speak to a **Health Visitor please call** CAFSPA on 0808 1780611



TUESDAY CONT

Tots Play Tamworth

The Dordon Club, B78 1PZ

Yoga, massage, sign language and sensory play in a relaxed and welcoming space. Booking required. **TT** 09.45-10.30 **Action Tots** Ages 2-4 yrs 10.50-11.30 **Social Tots** Active crawlers to 2yrs

11.50-12.30 **Discovery Tots** Precrawlers

£18 for 3 week trial - £27/month thereafter **FPC**

Web: www.totsplay.co.uk/tamworth

Musical Babies & Toddlers

Family Hub - Glascote

Friendly, interactive class with lots of songs, raps and rhyme! Plus sensory play, bubbles, feathers, scarfs and parachute play. Outdoor and free play too!

Booking required.

12.40-13.40 Babies to pre-walkers 14.00-15.00 Ages birth-5yrs

£6.00 for up to 2 siblings (£2.50 for

additional siblings) **FPC** Tel: Hilary 07546165595

Email: hilaryhokeycokey@yahoo.com

FREE From Pram to Primary School

Family Hub - Leyfields

Would you like to feel more confident in your parenting? Would you like to learn more about your child's behaviours and their emotional development? Then Pram to Primary might be the course for you!

Booking required.

13.00-15.00

Email: groupwork@staffordshire.gov.uk



TUESDAY CONT

Support Group for Parents/Carers of Autistic Children

Family Hub - Basin Lane

This group is for parents/carers of diagnosed and non-diagnosed children & young people. Join the Autism Inclusion Team for coffee and conversation. No need to book. Last Tuesday of every month 13.00-14.30

Email: lana.grant@staffordshire.gov.uk

Fun Club Hub - Tamworth Youthy

Family Hub - Leyfields

Full of activities from gaming to multisports to free ice-cream!

18.30-20.00 Ages 11-16yrs

Email: funclubyp@gmail.com

WEDNESDAY

Hokey Cokey Club

Family Hub - Glascote

Friendly family group with lots of songs, messy, sensory, craft and outdoor play. Booking required.

9.30-10.45 & 11.30-12.45 Birth-5yrs £6.00 for up to 2 siblings (£2.50 for additional siblings) **FPC**

Call or text Hilary on 07546165595 Email: hilaryhokeycokey@yahoo.com

<u>Strawberries Childminder Stay & Play</u>

Family Hub - Leyfields

Are you a childminder who's looking for somewhere to stay and play, or are you a family looking for a new childminder and would like to meet some.

9.30 - 11.00 Booking required.
£1.00 per child - snack included FPC
Tel: Chelsea 07954102196







WEDNESDAY CONT

<u>In It Together: Parent & Carer</u> SEND support group

Family Hub - Glascote

Join us for a cuppa and a chat. Make friends, share experiences and tips. Never feel judged. You're not alone, we are in this together.

Every 3rd Wednesday of each month. 10.00-12.00 Children welcome. Free to attend. Refreshments included. Booking required. Email:

inittogether.tamworth@gmail.com

Tel: Emma 07368835556

Tots Play Tamworth

The Dordon Club, B78 1PZ

Yoga, massage, sign language and sensory play in a relaxed and welcoming space. Booking required. TT 09.45-10.30 Action Tots Ages 2-4 yrs 10.50-11.30 Social Tots Active crawlers to 2yrs 11.50-12.30 Discovery Tots Pre-

crawlers

£18 for 3 week trial - £27/month thereafter **FPC**

Web: www.totsplay.co.uk/tamworth

Kiddibops Music Play Classes

Family Hub - Leyfields

Bang our drum, play instruments and sing in our play-based class. Support your child's musicality, speech & social development. Booking Required. 12.30-13.10 Babies - Pre-walkers 13.20-14.00 Walkers - pre-school age 14.20 SEND Music Class(2-4 yrs) 15.20 **SEND School Starters** (4-6yrs) Structured Music-Play classes for families with children with SEND who would like a friendly, supportive and inclusive class that will support their children's learning needs. All classes £6 block booking or £7 PAYG - Sibling discount FPC Babies under 3mths free when

accompanying a paid sibling. Tel: Rachel 07807551661 Email: info@kiddibops.co.uk

https://kiddibops.class4kids.co.uk/

WEDNESDAY

SEND Stay and Play!

Two Rivers Nursery/EYFS - B77 2HJ

An opportunity to chat to professionals, meet other families and make new friends! Booking Required.

13.30-14.30 Ages 5yrs and under

Tel: 01827 426123

THURSDAY

Home-Start Thursday Family Group

Sacred Heart Church Hall

Meet other families for support, music, craft and sensory play.

9.30-11.00 **TT**

Birth-Pre-School £3.00 per child **FPC**

Tel: 01827 62400

Messy Little Tuff Tray's

Family Hub—Leyfields

Messy play classes offer a fun, sensory-rich environment where children can explore, create, and learn through hands-on activities. Classes are designed to enhance fine motor skills, early writing abilities, and cognitive development, while fostering a love for learning and socialising, whilst getting a little bit messy! Booking required. 9.30-10.30

Ages 6mths-5yrs £6.00 per child **FPC**

Tel: Georgia 07960925879

 $\textbf{Email:} \underline{messylittletufftrays@outlook.com}$



THURSDAY CONT

LULLABABY

Family Hub-Glascote

Step 2 - Baby Development Class

A mix of baby yoga and movement, sensory play and relaxation.

10.30 Ages 2-12mths

£8.00 FPC £3.00

Step 1 - Foundation course

A six week course covering baby massage, baby yoga, infant first aid and sensory play.

11.40 Ages 0-5mths £66 per course FPC £36 Booking required.

Email: lullababy.rachael@outlook.com

Tots Play Tamworth

The Dordon Club, B78 1PZ

Yoga, massage, sign language and sensory play in a relaxed and welcoming space. Booking required. TT 9.50-10.30 **Social Tots** Active crawlers to 2vrs

10.50-11.30 Discovery Tots Precrawlers

£18 for 3 week trial - £27/month thereafter FPC

Web: www.totsplav.co.uk/tamworth

FREE Simply Play

Family Hub - Leyfields

Fun activities, try new sensory ideas and early language activities. TT Booking required.

13.00-14.30 Birth-4yrs

Free **FPC**

Email: groupwork@staffordshire.gov.uk

DID YOU KNOW.... A vummv fresh fruit snack is provided at many of our groups

FRIDAY

Musical Babies & Toddlers

Family Hub - Glascote

Friendly, interactive class with lots of songs, raps and rhyme! Plus sensory play, bubbles, feathers, scarfs and parachute play. Outdoor and free play too, weather permitting! Booking required.

9.30-10.30 & 11.00-12.00 Ages birth-5vrs

12.30-13.30 Birth to pre-walkers £6.00 for up to 2 siblings (£2.50 for additional siblings) FPC Tel: Hilary 07546165595

Email: hilaryhokeycokey@yahoo.com

KIDDIBOPS

Music Play Classes

Sacred Heart Church, Glascote

Bang our drum, play instruments and sing in our play-based learning class. Support your child's musicality, speech & social development. Led by Music Educators, Booking Required. 9.50 Babies - Pre-walkers class 10.40 Toddlers - Walkers—2.5 yrs 11.35 Mixed age - 2.5—Pre-school (baby siblings welcome)

SEND Music-Play Support Class

Family Hub - Glascote

Structured Music-Play classes specifically for families with children with SEND who would like a friendly, supportive and inclusive class that will support their children's learning needs. 15.15 All classes £6 block booking or £7 PAYG - Sibling discount FPC Babies under 3mths free when accompanying a paid sibling. Book via: Rachel 07807551661 or

info@kiddibops.co.uk https://kiddibops.class4kids.co.uk/







FRIDAY CONT

Baby Bounce and Rhyme

Tamworth Library

Rhymes and songs for parents, carers, with babies and children 0-3 years. Booking required.

11.00-11.30 Ages 0-3yrs FREE

Tel: 01827 782124

Fmail:

tamworth.library@staffordshire.gov.uk

FREE Simply Play for Babies

Family Hub - Leyfields

Would you like to learn more about your baby's development? Would you like to find new ways of supporting them through play? Then this might be the course for you! Booking required. 13.00-14.30 **TT** Free

Email: groupwork@staffordshire.gov.uk

TOTS PLAY TAMWORTH

The Dordon Club, B78 1PZ

Action Tots

Yoga, massage, sign language and sensory play in a relaxed and welcoming space. Booking required. TT 09.45-10.30 Ages 2-4 yrs £18 for 3 week trial - £27/month thereafter FPC

Baby Development Course

6 week course covering massage, voga, sign language, tummy time, calming techniques and sensory play. 11.00-12.00 TT

Ages 0-4mths

£65.00 FPC Booking required.

Web: www.totsplay.co.uk/tamworth

FPC = Children's **Centre Free Pass Card** Accepted up to a value of £5 per participating session TT = Term Time = Classes aimed at SEND

children and their families



Group work Family Learning Course's **Tamworth Family Hub**

Simply Play 0-4

Simply Play for Babies -

0-12months

From Pram to Primary

Face to face & Virtual courses

Talking Teens

Face to face & Virtual courses

Healthy Families

Face to face & Virtual courses

To book please email: groupwork@staffordshire.gov.uk

HEALTH VISITOR DROP-IN CLINICS

Have your baby weighed and get advice from the Health Visitor team. **MONDAY**

Family Hub - Leyfields

13:30 - 15:30

TUESDAY

Family Hub - Glascote 13:15 - 15:15

WEDNESDAY

Family Hub - Basin Lane

9:30 - 11:30

THURSDAY

Stonydelph Health Centre

9:30 - 11:30

FRIDAY

Wilnecote Health Centre

9:30 - 11:30

SCHOOL NURSE DROP-IN MONDAY

Family Hub - Basin Lane 9:30 - 11:30

PLEASE NOTE: LAST ENTRY IS 15 MINUTES BEFORE THE END OF THE DROP-IN CLINIC





Bump to Toddler **Pathway**

A website full of advice and support from conception till your child turns 2 years old!

Tamworth District has a wealth of support for you and your family please visit **Staffordshire Connects for** more details.







Community **Family Support** Service

Delivered by: Malachi Specialist Family Support

Family Hub Referral Form

This service is accessed via the Staffordshire Family Hub Referral.

The purpose of the Family Hub Referral is to help families receive the right help, at the right time, in the right place. The Family Hub Referral is managed by Staffordshire County Council as part of the local Family Hub Offer.

What is Malachi **Family Support?**

Staffordshire County Council provide Family Support through Malachi, an established organisation who use a therapeutic approach to provide support for families. Malachi support families with children and young people from 0-19 years and up to 25 years for those with Special Educational Needs and Disabilities.

We endeavour to help parents and carers with the vulnerabilities they may be experiencing, which maybe affecting family life.

Examples of support may include

- Building healthy relationships
- > Emotional wellbeing
- Staying safe in the community
- Building confidence and
- Child's development (inc. Early Years)
- Housing and financial issues
- Parenting skills and strategies Building positive relationships between home and school
 - Returning to employment or education
 - Developing positive community relationships
 - Access to local services and facilities





SUPPORT FOR YOU AND YOUR **FAMILY IN TAMWORTH**

Healthy Start Vouchers

Are you pregnant or have children under four? You may voucher scheme to help you buy food, milk and vitamins.

Healthy Start





Thinking of volunteering with Early Years in **Children's Centres?**





'Help with Childcare costs' Childcare funding is changing, here's some advice from Staffordshire County Council to advise you

Connecting you with help and support in your community.





Staffordshire SEND Local Offer

www.staffordshireconnects.info

For children and young people aged 0-25 years

The best place to go to find information about SEND support in Staffordshire.

- Social Care
- Health and Wellness
- Travel and transport
- · Places to go, things to do

Email: localoffer@staffordshire.gov.uk



Feeding your baby's hungry little mind is easy...



Extra Help available to children

Information and support include

families and settings

Sign up to get emails packed with activities. support and reminders when your baby's health checks are due.

For parents of 0 to 2 year olds



Hungry Little Minds Staffordshire and Stoke-on-Trent



Visit Tamworth Pre-**Loved Uniform Market** on Facebook to donate. sell or ask for pre loved uniforms!