## Talking Teens Tamworth



Click to complete a Family Hub Referral Form

## Free 6 week course

Would you like to feel more confident in parenting your teen? If you would like to learn how to support their changing emotions and behaviours, and help with setting clear and appropriate boundaries, our free Talking Teens 6 week course for parents of 13-18 year olds may be for you.

Booking required through referral only. Please complete a **'Family Hub Referral Form'** to book your space.



