

## WINTER TERM 2025/26 V4

# TAMWORTH DISTRICT

## Tamworth Family Hub Activities Timetable



**Family Hub - Glascote**  
Hawthorn, Tamworth,  
B77 2ER  
01827 475222

**Family Hub - Leyfields**  
Masefield Drive, Tamworth,  
B79 8JB

**Family Hub - Basin Lane**  
Basin Lane, Tamworth,  
B77 2AH

Please visit our  
Facebook page to  
find a full  
description of  
the sessions



'Tamworth Family Hub'



**Family Hub**  
Staffordshire

## SATURDAY

### Shining Starz—Play Your Way

#### **Family Hub - Glascote**

FREE monthly activity and play session for children with additional needs and their families! We offer a safe space, which allows freedom to explore resources and play their own way in a non-structured environment. For dates and to book email: [shiningstarz\\_gfh@yahoo.com](mailto:shiningstarz_gfh@yahoo.com)



### Foodie Discovery Classes

#### **Family Hub - Glascote**

Inspire kids' inner foodie as they chop, mix, and create delicious dishes to take home each month! Booking required.  
Ages 2.5-11yrs  
£10.00 **FPC £5**

For dates and to book contact:  
WhatsApp: 07496522555  
Email: [foodies@thefoodiesclub.co.uk](mailto:foodies@thefoodiesclub.co.uk)

### KIDDIBOPS

#### Tamworth Early Years Music Hub

#### **Family Hub - Leyfields**

##### **Week A**

10.30 Babies - Pre-walkers Music Time  
11.20 Mixed Age Family Music Time - Birth - 7 yrs  
12.10 SEND Family Music Time - Up to 7yrs

##### **Week B**

10.30-12.30 Private 1:1 SEND Music Intervention (30 min slots)  
12.45 SEND Parent Workshops  
Booking Required.  
All classes £7 PAYG - Sibling discount  
**FPC**



Tel: Rachel 07807551661

Email: [info@kiddibops.co.uk](mailto:info@kiddibops.co.uk)  
[www.kiddibops.co.uk/bookings](http://www.kiddibops.co.uk/bookings)

**FPC** = Children's  
Centre Free Pass Card Accepted up to  
a value of £5 per  
participating session  
**TT** = Term Time  
= Classes aimed at SEND  
children and their families

## MONDAY CONT

### Home-Start Family Group & Outdoor Fun!

#### **Family Hub - Leyfields**

Meet other families for support, music, craft and sensory play.  
10.00-11.30  
Birth-Pre-School £3.00 per family **FPC**  
Tel: 01827 62400



### Parenting with Possibilities

#### **Family Hub - Glascote**

A guided space for parents to pause, reflect, and build tools for calm, confidence and connection.

9.30-11.00 - £5.00  
Tel: Stacey 07905472067  
Email: [stacyparentcoach@gmail.com](mailto:stacyparentcoach@gmail.com)  
Web: [www.parentcoaching.co.uk](http://www.parentcoaching.co.uk)



### Baby Massage

#### **Family Hub - Glascote**

Learn how to massage your baby in a relaxed environment, communicating love through nurturing touch.  
Booking required.

10.00-11.00 Ages 0-1 yr old  
£30.00 5 week course  
**FPC £5 per course**  
Tel: Natalie Wadlow 07782383663  
Email: [natalie.wadlow@yahoo.com](mailto:natalie.wadlow@yahoo.com)

### Tots Play Tamworth

#### **The Dordon Club, B78 1PZ**

Yoga, massage, sign language and sensory play in a relaxed and welcoming space. Booking required. **TT**  
10.00-10.40 **Discovery Tots** Pre-crawlers  
£24 for 3 week trial - £26/month thereafter - £8 per session PAYG **FPC**

### Baby Development Course

6 week course covering massage, yoga, sign language, tummy time, calming techniques and sensory play.  
11.15-12.15 **TT** Ages 0-4mths  
£65.00 **FPC** Booking required.  
Web: [www.totsplay.co.uk/tamworth](http://www.totsplay.co.uk/tamworth)

## TUESDAY

### The Freedom Programme

#### **Family Hub - Basin Lane**

A 12 week support group for any women fleeing or who have experienced domestic abuse.  
9.30 - 11.30  
Email: [ehttamworth.gov.uk](mailto:ehttamworth.gov.uk)  
Tel: 01827 782004

### The Sensory Circle

#### **Family Hub - Glascote**

A multi-sensory experience designed to stimulate your baby's development through play, music, and exploration. Classes are tailored to support your baby's cognitive, physical, and emotional development, helping them to mature their senses and motor skills.  
Booking required.

9.30-10.30 Ages 0-24mths  
£6.00 per child **FPC**  
Tel: Georgia 07960925879  
Email: [thesensorycircle@hotmail.com](mailto:thesensorycircle@hotmail.com)

### Love in our Hands - Baby Yoga

#### **Family Hub - Leyfields**

Parent and baby yoga inspired movement & sensory play. An extension of baby massage.  
Booking required.  
10.00-11.00 Ages 8wks-1yr old  
£25.00 5 week course **FPC**  
Natalie Wadlow 07782383663  
Email: [natalie.wadlow@yahoo.com](mailto:natalie.wadlow@yahoo.com)

### Home-Start Twins & Multiples Club

#### **Family Hub - Glascote**

Meet other multiple families for support, sensory, music, craft and outdoor play.  
Booking required.  
10.00-11.30  
Birth-Pre-School £3.00 per family **FPC**  
Tel: 01827 62400

If you need to speak to a  
Health Visitor please call  
CAFSPA on  
0808 1780611

## TUESDAY CONT

### Tots Play Tamworth

#### **The Dordon Club, B78 1PZ**

Yoga, massage, sign language and sensory play in a relaxed and welcoming space. Booking required. **TT**  
9.45-10.30 **Action Tots** Ages 2-4 yrs  
10.50-11.30 **Social Tots** Active crawlers to 2yrs  
£24 for 3 week trial - £26/month thereafter - £8 per session PAYG **FPC**  
Web: [www.totsplay.co.uk/tamworth](http://www.totsplay.co.uk/tamworth)

### Musical Babies & Toddlers

#### **Family Hub - Glascote**

Friendly, interactive class with lots of songs, raps and rhyme! Plus sensory play, bubbles, feathers, scarfs and parachute play. Outdoor and free play too!  
Booking required.  
12.40-13.40 Babies to pre-walkers  
14.00-15.00 Ages birth-5yrs  
£6.00 for up to 2 siblings (£2.50 for additional siblings) **FPC**  
Tel: Hilary 07546165595  
Email: [hilaryhokeycokey@yahoo.com](mailto:hilaryhokeycokey@yahoo.com)

### Support Group for Parents/Carers of Autistic Children

#### **Family Hub - Basin Lane**

This group is for parents/carers of diagnosed and non-diagnosed children & young people. Join the Autism Inclusion Team for coffee and conversation. No need to book. Last Tuesday of every month  
13.00-14.30  
Email: [lana.grant@staffordshire.gov.uk](mailto:lana.grant@staffordshire.gov.uk)



DID YOU KNOW.... A yummy fresh fruit snack is provided at many of our groups

## TUESDAY CONT

### Fun Club Hub - Tamworth Youth

#### **Family Hub - Leyfields**

Full of activities from gaming to multi-sports to free ice-cream!  
18.30-20.00  
Ages 11-16yrs  
Email: [funclubyp@gmail.com](mailto:funclubyp@gmail.com)

## WEDNESDAY

### Hokey Cokey Club

#### **Family Hub - Glascote**

Friendly family group with lots of songs, messy, sensory, craft and outdoor play. Booking required.  
9.30-10.45 & 11.30-12.45 Birth-5yrs  
£6.00 for up to 2 siblings (£2.50 for additional siblings) **FPC**  
Call or text Hilary on 07546165595  
Email: [hilaryhokeycokey@yahoo.com](mailto:hilaryhokeycokey@yahoo.com)

### Strawberries Childminder Stay & Play

#### **Family Hub - Leyfields**

Are you a childminder who's looking for somewhere to stay and play, or are you a family looking for a new childminder and would like to meet some.  
9.30 - 11.00 Booking required.  
£1.00 per child - snack included **FPC**  
Tel: Chelsea 07954102196

### In It Together: Parent & Carer SEND support group

#### **Family Hub - Glascote**

Join us for a cuppa and a chat. Make friends, share experiences and tips. Never feel judged. You're not alone, we are in this together.  
Every 3rd Wednesday of each month.  
10.00-12.00 Children welcome.  
Free to attend. Refreshments included.  
Booking required. Email: [inittogether.tamworth@gmail.com](mailto:inittogether.tamworth@gmail.com)  
Tel: Emma 07368835556



## WEDNESDAY CONT

### Tots Play Tamworth

#### **The Dordon Club, B78 1PZ**

Yoga, massage, sign language and sensory play in a relaxed and welcoming space. Booking required. **TT**  
09.45-10.30 **Action Tots** Ages 2-4 yrs  
10.50-11.30 **Social Tots** Active crawlers to 2yrs  
12.00-12.40 **Discovery Tots** Pre-crawlers  
£24 for 3 week trial - £26/month thereafter - £8 per session PAYG **FPC**  
Web: [www.totsplay.co.uk/tamworth](http://www.totsplay.co.uk/tamworth)

### Kiddibops Music Play Classes

#### **Family Hub - Leyfields**

Bang our drum, play instruments and sing in our play-based class. Support your child's musicality, speech & social development. Booking Required.  
12.30-13.10 Babies - Pre-walkers  
13.20-14.00 Mixed Age - Birth - 5yrs  
14.10 SEND Music Class  
15.00 Young Babies (Birth to Sitting)  
All classes £7 PAYG - Sibling discount **FPC**  
Tel: Rachel 07807551661  
Email: [info@kiddibops.co.uk](mailto:info@kiddibops.co.uk)  
[www.kiddibops.co.uk/bookings](http://www.kiddibops.co.uk/bookings)



### SEND Stay and Play!

#### **Two Rivers Nursery/EYFS - B77 2HJ**

An opportunity to chat to professionals, meet other families and make new friends! Booking Required.  
13.30-14.30 Ages 5yrs and under  
Tel: 01827 426123

### Home-Start - Play Group

#### **CIC Hub, Castle Grounds**

10.00-11.30  
Birth-Pre-School £3.00 per family **FPC**  
Tel: 01827 62400



## THURSDAY

### Home-Start Thursday Family Group

#### **Sacred Heart Church Hall**

Meet other families for support, music, craft and sensory play.  
10.00-11.30 **TT**  
Birth-Pre-School £3.00 per family **FPC**  
Tel: 01827 62400

### Messy Little Tuff Tray's Family Hub—Leyfields

Messy play classes offer a fun, sensory-rich environment where children can explore, create, and learn through hands-on activities. Classes are designed to enhance fine motor skills, early writing abilities, and cognitive development, while fostering a love for learning and socialising, whilst getting a little bit messy! Booking required.  
9.30-10.30  
Ages 6mths-5yrs  
£6.00 per child **FPC**  
Tel: Georgia 07960925879  
Email: [messylittletufftrays@outlook.com](mailto:messylittletufftrays@outlook.com)

### The Play Room - Ready, Steady .... Play

#### **Family Hub - Basin Lane**

A chance for kids to play whilst you get to know and make new friends.  
Email: [playroompartyhire@gmail.com](mailto:playroompartyhire@gmail.com)  
Tel: 07360027103

### ULLABABY

#### **Family Hub—Glascote**

**Step 2 - Baby Development Class**  
A mix of baby yoga and movement, sensory play and relaxation.  
10.30 Ages 2-12mths  
£8.00 **FPC £3.00**

### Step 1 - Foundation course

A six week course covering baby massage, baby yoga, infant first aid and sensory play.  
11.40 Ages 0-5mths  
£66 per course **FPC £36**  
Booking required.  
Email: [lullababy.rachael@outlook.com](mailto:lullababy.rachael@outlook.com)

## THURSDAY CONT

### Tots Play Tamworth

#### **The Dordon Club, B78 1PZ**

Yoga, massage, sign language and sensory play in a relaxed and welcoming space. Booking required. **TT**  
9.50-10.30 **Social Tots** Active crawlers to 2yrs  
11.00-11.40 **Discovery Tots** Pre-crawlers  
£24 for 3 week trial - £26/month thereafter - £8 per session PAYG **FPC**  
Web: [www.totsplay.co.uk/tamworth](http://www.totsplay.co.uk/tamworth)

## FRIDAY

### Baby Bounce and Rhyme

#### **Tamworth Library**

Rhymes and songs for parents, carers, with babies and children 0-3 years. Booking required.  
11.00-11.30 Ages 0-3yrs FREE  
Tel: 01827 782124  
Email: [tamworth.library@staffordshire.gov.uk](mailto:tamworth.library@staffordshire.gov.uk)

### TOTS PLAY TAMWORTH

#### **The Dordon Club, B78 1PZ**

#### **Action Tots**

Yoga, massage, sign language and sensory play in a relaxed and welcoming space. Booking required. **TT**  
09.45-10.30 Ages 2-4 yrs  
£24 for 3 week trial - £26/month thereafter - £8 per session PAYG **FPC**  
Web: [www.totsplay.co.uk/tamworth](http://www.totsplay.co.uk/tamworth)

### HEALTH VISITOR DROP-IN CLINICS

Have your baby weighed and get advice from the Health Visitor team.

#### **MONDAY**

#### **Family Hub - Leyfields**

13:30 - 15:30

#### **TUESDAY**

#### **Family Hub - Glascote**

13:15 - 15:15

#### **WEDNESDAY**

#### **Family Hub - Basin Lane**

9:30 - 11:30

#### **THURSDAY**

#### **Stonydelph Health Centre**

9:30 - 11:30

#### **FRIDAY**

#### **Wilnecote Health Centre**

9:30 - 11:30

### SCHOOL NURSE DROP-IN

#### **MONDAY**

#### **Family Hub - Basin Lane**

9:30 - 11:30

**PLEASE NOTE:** LAST ENTRY IS 15 MINUTES BEFORE THE END OF THE DROP-IN CLINIC

## FRIDAY

### **COMMUNITY FAMILY SUPPORT SERVICES**

Suited to families who require support with managing challenges they are experiencing which are preventing them from improving their children's health, wellbeing and outcomes.

Scan QR code below to refer



### Group work Family Learning Course's

#### Tamworth Family Hub

#### Simply Play 0-4

Face to face

#### Simply Play for Babies - 0-12months

Face to face

#### From Pram to Primary

Face to face & Virtual courses

#### Talking Teens

Virtual courses

#### Bumps to Babies

Face to face



### **Family Hub Staffordshire**

## **Community Family Support Service**

Delivered by:  
Malachi Specialist Family Support

### Family Hub Referral Form

This service is accessed via the Staffordshire Family Hub Referral.

The purpose of the Family Hub Referral is to help families receive the right help, at the right time, in the right place. The Family Hub Referral is managed by Staffordshire County Council as part of the local Family Hub Offer.

## **What is Malachi Family Support?**

Staffordshire County Council provide Family Support through Malachi, an established organisation who use a therapeutic approach to provide support for families. Malachi support families with children and young people from 0-19 years and up to 25 years for those with Special Educational Needs and Disabilities.

We endeavour to help parents and carers with the vulnerabilities they may be experiencing, which maybe affecting family life.

Examples of support may include:

- Parenting skills and strategies
- Building positive relationships between home and school
- Returning to employment or education
- Emotional wellbeing
- Staying safe in the community
- Building confidence and self-esteem
- Child's development (inc. Early Years)
- Developing positive community relationships
- Access to local services and facilities
- Housing and financial issues



## THINK 2

Funded Early Learning Childcare Sessions

Funded sessions  
for 2 year olds.  
Is your child  
eligible?



## BEST START IN LIFE



Tamworth District has a  
wealth of support for you  
and your family please visit  
Staffordshire Connects for  
more details.



Staffordshire  
County Council

## SUPPORT FOR YOU AND YOUR FAMILY IN TAMWORTH

### Healthy Start Vouchers

Are you pregnant or have  
children under four? You may  
qualify for the Healthy Start  
voucher scheme to help you  
buy food, milk and vitamins.



### Thinking of volunteering with Early Years in Children's Centres?



For more information please contact Kate  
Email: [kate.tomson-rayner@staffordshire.gov.uk](mailto:kate.tomson-rayner@staffordshire.gov.uk)  
Call: 07971951684

Staffordshire  
County Council

'Help with Childcare costs'  
Childcare funding  
is changing,  
here's some  
advice from  
Staffordshire  
County Council to advise  
you



Connecting you with help and support in your community.

STAFFORDSHIRE  
CONNECTS



Visit the new  
Staffordshire SEND Local Offer  
(Special Educational Needs and Disability)  
[www.staffordshireconnects.info](http://www.staffordshireconnects.info)

For children and young people aged 0-25 years

The best place to go to find information  
about SEND support in Staffordshire.

- Early years and childcare
- Education
- Social Care
- Health and Wellness
- Travel and transport
- Places to go, things to do
- Preparing for adulthood

Email: [localoffer@staffordshire.gov.uk](mailto:localoffer@staffordshire.gov.uk)



Feeding your baby's  
hungry little mind  
is easy...

Sign up to get emails packed with activities,  
support and reminders when your baby's  
health checks are due.

For parents of 0 to 2 year olds.

Scan the code to sign up and start feeding  
your baby's hungry little mind



Hungry Little Minds Staffordshire and Stoke-on-Trent



Visit Tamworth Pre-  
Loved Uniform Market  
on Facebook to donate,  
sell or ask for pre loved  
uniforms!