## **Bumps To Babies**

Tamworth



Click to complete a Family Hub Referral Form

## Free 6 week course

Would you like to learn how to bond with your newborn? Our free Bumps To Babies course is suitable for anyone pregnant and with babies up to 3 months old. Discover your parenting style, prepare for the hospital and labour, and learn about topics including sleep, feeding and home safety.



Booking required through referral only. Please complete a **'Family Hub Referral Form'** to book your space.



