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Based on the gospel for Sunday 10 May, Sixth Sunday of Easter: John 14:15-21

**"I will not leave you orphans; I will come to you."**

Pope Leo XIV in his *Urbi et Orbi* message this Easter said, "Christ's resurrection is the beginning of a new humanity; it is the entrance into the true promised land, where justice, freedom, and peace reign, where all recognise one another as brothers and sisters." Through the death and resurrection of Our Lord Jesus Christ, life is transformed and Christians are called to live in God's kingdom here and now, witnessing to Christ present in our world.

It is not always easy and it can be daunting, but we can have hope as our Gospel passage this week assures us that we are not alone. We are promised "another Helper, to be with you for ever", and if we love Jesus, we will be loved by the Father.

Empowered in this way, we can strive to be leaven in our society and keep Jesus' commandment to love one another. Can we find concrete ways to put this into action this week? Perhaps we can find more time to pray for peace or raise our voices to call for change to improve the lives of our sisters and brothers throughout the world.

## Prayer

Risen Lord,  
come to us and transform us  
so that we may reveal your love  
in our world  
by the way we live our lives.  
Amen.





## Pray for Pope Leo XIV

On the first anniversary of his election, pray for the Pope as he leads the Church throughout the world.

Pray with us



## Support mums and babies

In this month of Mary, honour Mary's compassion with a gift to our Marian Appeal to help more mothers like Yeukai give birth safely.

Please give today



## Call for action on debt crisis

Sign our petition and call on the UK government to use the UK's G20 presidency to fix the debt system.

Sign our petition

This reflection and prayer were written by Sue Cooper, a CAFOD volunteer from Corpus Christi parish in Wokingham.

♥ You make our ongoing work possible

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