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## **Programme Pathway #2**

### 2-year cycle over 3 terms

This Programme Pathway delivers the programme over 3 terms on a 2-year cycle. This means that the learning stages (EYFS, KS1, LKS2 and UKS2) are spread over 2 years and there is very little repetition of content year-on-year.

The **advantage** to this Programme Pathway is that it can be comfortably timetabled into your school curriculum with time and space for extended learning where necessary. Please make use of the Extended Learning activities.

The **disadvantage** of this Programme Pathway is that many topics are only covered once every 2 years and this may be to the detriment of the developmental learning required for children as they grow. For example, children may explore puberty at a basic level in Year 4 but not return to it again until Year 6.

Please note, in this Pathway:

- Pre-school, Year 1, 3 and 5 undertake 'Module 2: Created to Love Others'
- Reception, Year 2, 4, and 6 undertake 'Module 1: Created and Loved by God'
- All years to undertake sessions from 'Module 3: Created to Live in Community'.

The Gospel story sessions in Module One and the Trinity story sessions in Module Three are run every year as they are foundational to the Religious Understanding taught in the programme.

**See below for the Programme Pathway**



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## Teacher Training & Parent Communication

### Autumn Term I

Before rolling out the programme, please take time to review the programme content and then deliver the following consultations sessions with staff and parents over a series of weeks:

| Teacher Training  |
|---|
| <p><a href="#">Online Teacher Training Tool</a></p> <p><a href="#">3 x after-school training sessions</a><br/>(30 minutes each)</p> |
| Parent Communication  |
| <p><a href="#">Parent Consultation Tool</a></p> <p><a href="#">Parents' Session</a></p> <p><a href="#">Online Parent Portal</a></p> |

## Programme Pathway #1

2-year cycle over 1 term

# Pre-school

**Ten:Ten**  
Resources



| Week              | Module and Unit        | Session Title  | Session Length (approx.)           |
|-------------------|------------------------|--|------------------------------------|
| Autumn II         | EYFS, Module 1, Unit 1 | Story Sessions: <a href="#">Handmade With Love</a>   | 5 x 15-minute sessions over 5 days |
| Spring I          | EYFS, Module 2, Unit 1 | Session 1: <a href="#">Role Model</a>                | 2 x 15-minute sessions             |
| Spring I          | EYFS, Module 2, Unit 2 | Session 1: <a href="#">Who's Who?</a>                | 15 minutes                         |
|                   |                        | Session 2: <a href="#">You've Got a Friend in Me</a> | 15 minutes                         |
|                   |                        | Session 3: <a href="#">Forever Friends</a>           | 15 minutes                         |
| Spring I          | EYFS, Module 2, Unit 3 | Session 1: <a href="#">Safe Inside and Out</a>       | 15 minutes                         |
|                   |                        | Session 2: <a href="#">My Body, My Rules</a>         | 15 minutes                         |
|                   |                        | Session 3: <a href="#">Feeling Poorly</a>            | 15 minutes                         |
|                   |                        | Session 4: <a href="#">People Who Help Us</a>        | 15 minutes                         |
| Summer I<br>or II | EYFS, Module 3, Unit 1 | Session 1: <a href="#">God is Love</a>               | 15 minutes                         |
|                   |                        | Session 2: <a href="#">Loving God, Loving Others</a> | 15 minutes                         |
|                   | EYFS, Module 3, Unit 2 | Session 1: <a href="#">Me, You, Us</a>               | 15 minutes                         |

## Programme Pathway #2

2-year cycle over 3 terms

# Reception

**Ten:Ten**  
Resources



| Week              | Module and Unit        | Session Title   | Session Length (approx.)           |
|-------------------|------------------------|---|------------------------------------|
| Autumn II         | EYFS, Module 1, Unit 1 | Story Sessions: <a href="#">Handmade With Love</a>          | 5 x 15-minute sessions over 5 days |
| Spring I          | EYFS, Module 1, Unit 2 | Session 1: <a href="#">I Am Me</a>                          | 15 minutes                         |
|                   |                        | Session 2: <a href="#">Heads, Shoulders, Knees and Toes</a> | 15 minutes                         |
|                   |                        | Session 3: <a href="#">Ready Teddy?</a>                     | 15 minutes                         |
| Spring II         | EYFS, Module 1, Unit 3 | Session 1: <a href="#">I Like, You Like, We All Like!</a>   | 15 minutes                         |
|                   |                        | Session 2: <a href="#">Good Feelings, Bad Feelings</a>      | 15 minutes                         |
|                   |                        | Session 3: <a href="#">Let's Get Real</a>                   | 15 minutes                         |
| Summer I          | EYFS, Module 1, Unit 4 | Session 1: <a href="#">Growing Up</a>                       | 15 minutes                         |
| Summer I<br>or II | EYFS, Module 3, Unit 1 | Session 1: <a href="#">God is Love</a>                      | 15 minutes                         |
|                   |                        | Session 2: <a href="#">Loving God, Loving Others</a>        | 15 minutes                         |
|                   | EYFS, Module 3, Unit 2 | Session 1: <a href="#">Me, You, Us</a>                      | 15 minutes                         |

Programme Pathway #2  
2-year cycle over 3 terms  
**YEAR 1**



| Week           | Module and Unit       | Session Title   | Session Length (approx.)                  |
|----------------|-----------------------|---|---|
| Autumn II      | KS1, Module 1, Unit 1 | Story Sessions: <a href="#">Let the Children Come</a>   | 5 x 10-minute sessions over 5 days        |
|                | KS1, Module 2, Unit 1 | Session 1: <a href="#">God Loves You</a>                | 40 minutes                                |
| Spring I       | KS1, Module 2, Unit 2 | Session 1: <a href="#">Special People</a>               | 30 minutes                                |
|                |                       | Session 2: <a href="#">Treat Others Well...</a>         | 35 minutes                                |
|                |                       | Session 3: <a href="#">...And Say Sorry</a>             | 30 minutes                                |
| Spring II      | KS1, Module 2, Unit 3 | Session 1: <a href="#">Being Safe</a>                   | 35 minutes                                |
|                |                       | Session 2: <a href="#">Good Secrets and Bad Secrets</a> | 35 minutes                                |
|                |                       | Session 3: <a href="#">Physical Contact</a>             | 45 minutes (or 2 x 25 minutes)            |
|                |                       | Session 4: <a href="#">Harmful Substances</a>           | 30 minutes                                |
|                |                       | Session 5: <a href="#">Can You Help Me?</a>             | 40 minutes (can be split into 2 sessions) |
| Summer I or II | KS1, Module 3, Unit 1 | Session 1: <a href="#">Three in One</a>                 | 25 minutes                                |
|                |                       | Session 2: <a href="#">Who Is My Neighbour?</a>         | 30 minutes                                |
|                | KS1, Module 3, Unit 2 | Session 1: <a href="#">The Communities We Live In</a>   | 35 minutes                                |

**For each Unit**, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.

## Programme Pathway #2

2-year cycle over 3 terms

# YEAR 2

**Ten:Ten**  
Resources



| Week              | Module and Unit       | Session Title   | Session Length (approx.)           |
|-------------------|-----------------------|---|------------------------------------|
| Autumn II         | KS1, Module 1, Unit 1 | Story Sessions: <a href="#">Let the Children Come</a>   | 5 x 10-minute sessions over 5 days |
| Spring I          | KS1, Module 1, Unit 2 | Session 1: <a href="#">I am Unique</a>                  | 30 minutes                         |
|                   |                       | Session 2: <a href="#">Girls and Boys</a>               | 30-40 minutes                      |
|                   |                       | Session 3 & 4: <a href="#">Clean &amp; Healthy</a>      | 40 minutes (2 sessions)            |
| Spring II         | KS1 Module 1, Unit 3  | Session 1: <a href="#">Feelings, Likes and Dislikes</a> | 40 minutes                         |
|                   |                       | Session 2: <a href="#">Feeling Inside Out</a>           | 30 minutes                         |
|                   |                       | Session 3: <a href="#">Super Susie Gets Angry</a>       | 40 minutes                         |
| Summer I          | KS1 Module 1 Unit 4   | Session 1: <a href="#">The Cycle of Life</a>            | 30 minutes                         |
| Summer I<br>or II | KS1, Module 3, Unit 1 | Session 1: <a href="#">Three in One</a>                 | 25 minutes                         |
|                   |                       | Session 2: <a href="#">Who Is My Neighbour?</a>         | 30 minutes                         |
|                   | KS1, Module 3, Unit 2 | Session 1: <a href="#">The Communities We Live In</a>   | 35 minutes                         |

**For each Unit**, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.

Programme Pathway #2  
2-year cycle over 3 terms  
**YEAR 3**



| Week           | Module and Unit       | Session Title   | Session Length (approx.)           |
|----------------|-----------------------|---|------------------------------------|
| Autumn II      | LKS2 Module 1, Unit 1 | Session 1: <a href="#">Get Up!</a>                    | 5 x 15-minute sessions over 5 days |
|                |                       | Session 2: <a href="#">The Sacraments</a>             | 45 minutes                         |
|                | LKS2 Module 2, Unit 1 | Story Sessions: <a href="#">Jesus, My Friend</a>      | 5 x 15-minute sessions over 5 days |
| Spring I       | LKS2 Module 2, Unit 2 | Session 1: <a href="#">Friends, Family and Others</a> | 45 minutes                         |
|                |                       | Session 2: <a href="#">When Things Feel Bad</a>       | 45 minutes                         |
| Spring II      | LKS2 Module 2, Unit 3 | Session 1: <a href="#">Sharing Online</a>             | 45 minutes                         |
|                |                       | Session 2: <a href="#">Chatting Online</a>            | 45 minutes                         |
|                |                       | Session 3: <a href="#">Safe in My Body</a>            | 45 minutes                         |
|                |                       | Session 4: <a href="#">Drugs, Alcohol and Tobacco</a> | 45 minutes                         |
|                |                       | Session 5: <a href="#">First Aid Heroes</a>           | 45 minutes                         |
| Summer I or II | LKS2 Module 3, Unit 1 | Session 1: <a href="#">A Community of Love</a>        | 30 minutes                         |
|                |                       | Session 2: <a href="#">What is the Church?</a>        | 45 minutes                         |
|                | LKS2 Module 3, Unit 2 | Session 1: <a href="#">How Do I Love Others?</a>      | 50 minutes                         |

**For each Unit**, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.

Programme Pathway #2  
2-year cycle over 3 terms  
**YEAR 4**



| Week              | Module and Unit       | Session Title   | Session Length (approx.)           |
|-------------------|-----------------------|---|------------------------------------|
| Autumn I          | LKS2 Module 1, Unit 1 | Session 1: <a href="#">Get Up!</a>                      | 5 x 15-minute sessions over 5 days |
| Spring I          | LKS2 Module 1, Unit 2 | Session 1: <a href="#">We Don't Have To Be The Same</a> | 45 minutes                         |
|                   |                       | Session 2: <a href="#">Respecting Our Bodies</a>        | 45 minutes                         |
|                   |                       | Session 3: <a href="#">What is Puberty?</a>             | 45 minutes                         |
|                   |                       | Session 4: <a href="#">Changing Bodies</a>              | 45 minutes                         |
|                   |                       | Session 5: <a href="#">Boy/Girl Discussion Groups</a>   | 45 minutes                         |
| Spring II         | LKS2 Module 1, Unit 3 | Session 1: <a href="#">What Am I Feeling?</a>           | 45 minutes                         |
|                   |                       | Session 2: <a href="#">What Am I Looking At?</a>        | 45 minutes                         |
|                   |                       | Session 3: <a href="#">I Am Thankful!</a>               | 45 minutes                         |
| Summer I          | LKS2 Module 1, Unit 4 | Session 1: <a href="#">Life Cycles</a>                  | 45 minutes                         |
| Summer I<br>or II | LKS2 Module 3, Unit 1 | Session 1: <a href="#">A Community of Love</a>          | 30 minutes                         |
|                   |                       | Session 2: <a href="#">What is the Church?</a>          | 45 minutes                         |
|                   | LKS2 Module 3, Unit 2 | Session 1: <a href="#">How Do I Love Others?</a>        | 50 minutes                         |

**For each Unit**, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.



Programme Pathway #2  
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**YEAR 5**



| Week           | Module and Unit       | Session Title   | Session Length (approx.)           |
|----------------|-----------------------|---|------------------------------------|
| Autumn I       | UKS2 Module 1, Unit 1 | Story Sessions: <a href="#">Calming the Storm</a>       | 5 x 15-minute sessions over 5 days |
|                | UKS2 Module 2, Unit 1 | Session 1: <a href="#">Is God Calling You?</a>          | 45-60 minutes                      |
| Spring I       | UKS2 Module 2, Unit 2 | Session 1: <a href="#">Under Pressure</a>               | 45-60 minutes                      |
|                |                       | Session 2: <a href="#">Do You Want a Piece of Cake?</a> | 45-60 minutes                      |
|                |                       | Session 3: <a href="#">Self-Talk</a>                    | 45-60 minutes                      |
| Spring II      | UKS2 Module 2, Unit 3 | Session 1: <a href="#">Sharing Isn't Always Caring</a>  | 45-60 minutes                      |
|                |                       | Session 2: <a href="#">Cyberbullying</a>                | 45-60 minutes                      |
|                |                       | Session 3: <a href="#">Types of Abuse</a>               | 45-60 minutes                      |
|                |                       | Session 4: <a href="#">Impacted Lifestyles</a>          | 45-60 minutes                      |
|                |                       | Session 5: <a href="#">Making Good Choices</a>          | 45-60 minutes                      |
|                |                       | Session 6: <a href="#">Giving Assistance</a>            | 45-60 minutes                      |
| Summer I or II | UKS2 Module 3, Unit 1 | Session 1: <a href="#">The Trinity</a>                  | 45-60 minutes                      |
|                |                       | Session 2: <a href="#">Catholic Social Teaching</a>     | 45-60 minutes                      |
|                | UKS2 Module 3, Unit 2 | Session 1: <a href="#">Reaching Out</a>                 | 45-60 minutes                      |

**For each Unit**, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.

Programme Pathway #2  
2-year cycle over 3 terms  
**YEAR 6**



| Week  | Module and Unit       | Session Title   | Session Length (approx.)               |
|---|-----------------------|---|--|
| Autumn I  | UKS2 Module 1, Unit 1 | Story Sessions: <a href="#">Calming the Storm</a>   | 5 x 15-minute sessions over 5 days     |
| Spring I<br>& II                                    | UKS2 Module 1, Unit 2 | Session 1: <a href="#">Gifts and Talents</a>  | 45-60 minutes                          |
|   |                       | Session 2: <a href="#">Girls' Bodies</a>  | 45-60 minutes                          |
|   |                       | Session 3: <a href="#">Boys' Bodies</a>   | 45-60 minutes                          |
|   |                       | Session 4: <a href="#">Spots and Sleep</a>  | 45-60 minutes                          |
|   | UKS2 Module 1, Unit 3 | Session 1: <a href="#">Body Image</a>   | 45-60 minutes                          |
|   |                       | Session 2: <a href="#">Funny Feelings</a>   | 45-60 minutes                          |
|   |                       | Session 3: <a href="#">Emotional Changes</a>  | 45-60 minutes                          |
|   |                       | Session 4: <a href="#">Seeing Stuff Online</a>  | 45-60 minutes                          |
|   | UKS2 Module 1, Unit 4 | Session 1: <a href="#">Making Babies (Part 1)</a>   | 45-60 minutes                          |
|   |                       | Session 2: <a href="#">Making Babies (Part 2)</a><br><small>May be omitted or may be set as a homework task with parents.</small> | 45-60 minutes                          |
|   |                       | Session 3: <a href="#">Menstruation</a>   | 45-60 minutes                          |
|   | Summer I<br>or II     | UKS2 Module 3, Unit 1   | Session 1: <a href="#">The Trinity</a> |
| Session 2: <a href="#">Catholic Social Teaching</a> |                       |   | 45-60 minutes                          |
| UKS2 Module 3, Unit 2                               |                       | Session 1: <a href="#">Reaching Out</a>   | 45-60 minutes                          |

**For each Unit**, please allow 15 minutes at the start and 15 minutes at the end to complete the **Assessment Activities**.

Please allocate additional time for **guided prayers** and **song time**.

Suggestions for further follow-up activities and sessions are provided for each session.