

WEEK 1 MENU

W/C: 31/10 21/11 12/12 02/01
23/01 13/02 06/03 27/03

Chartwells
So much more than Fantastic Food

AUTUMN/WINTER 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOT SPECIALS...

Macaroni Cheese 
Served with Two Vegetables

Vegetarian Sausage  
Served with Mashed Potato and Gravy

Chicken Pie
Served with Mashed Potato and Gravy

Cheese and Tomato Pizza  
Served with Potato Wedges

Roast Turkey
Served with Roast Potatoes, Two Vegetables and Gravy

Vegan Sausage Casserole  
Served with Two Vegetables

Beef Bolognese  
Served with Wholemeal Pasta and Two Vegetables

Chinese Vegetable Rice 
Served with Two Vegetables

Breaded Fish
Served with Chips and Three Vegetables

Quorn Dippers 
Served with Chips and Three Vegetables

DAILY FAVES...

Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

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Fresh, homemade tomato and basil sauce with penne pasta

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Fresh, homemade tomato and basil sauce with penne pasta

PACKED LUNCH...

Packed Lunch
See below for details

Packed Lunch
See below for details




Packed Lunch
See below for details

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Packed Lunch
See below for details



JACKET POTATOES...

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings, including Salmon Mayonnaise 

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

PICK A PUD!

Vanilla Ice Cream with Fruit Slices 

Orange Drizzle Cake and Fruit Slices 

Oat Cookie served with Fruit Slices 

Pineapple Upside Down Cake 

Chocolate and Raspberry Swirl Cake and Fruit Slices 

PACKED LUNCH - AVAILABLE DAILY
HAM OR CHEESE SANDWICH OR DAILY SPECIAL,
VEGETABLES, FRESH FRUIT AND DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT
**ALL MAIN MEALS SERVED
WITH TWO VEGETABLES**

 **Vegetarian**  **Oily Fish**  **Wholegrain**
 **Fruity!**  **Nutritionist's Choice**  **Halal Available**

WEEK 2 MENU

W/C: 07/11 28/11 19/12 09/01
30/01 20/02 13/03 03/04

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AUTUMN/WINTER 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOT SPECIALS...

Cheese and Tomato Pizza 🌱 🌾
Served with Potato Wedges

Mixed Bean Pasta 🌱 🌾 🍷
Served with Tomato Pizza Bread

Chicken Noodle Stir Fry
Served with Two Vegetables

Vegetable Lasagne 🌱
Served with Garlic and Herb Bread Wedge

Roast Gammon
Served with Mashed Potato, Two Vegetables,
Yorkshire Pudding and Gravy

Vegetable Pie 🌱
Served with Mashed Potato, Two Vegetables and
Gravy

Keralan Chicken Curry 🍷 🌾
Served with Wholegrain Rice and Two Vegetables

Cauliflower and Sweet Potato Masala 🌱 🍷
Served with Wholegrain Rice and Two Vegetables

Breaded Fish
Served with Chips and Three Vegetables

Quorn Dippers 🌱
Served with Chips and Three Vegetables

DAILY FAVES...

Tomato Pasta 🌱 🌱
Fresh, homemade tomato
and basil sauce with penne
pasta

Tomato Pasta 🌱 🌱
Fresh, homemade tomato
and basil sauce with penne
pasta

Tomato Pasta 🌱 🌱
Fresh, homemade tomato
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and basil sauce with penne
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Tomato Pasta 🌱 🌱
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and basil sauce with penne
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JACKET POTATOES...

Jacket Potatoes 🍷 🌱
with a choice of hot and
cold fillings

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with a choice of hot and
cold fillings

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with a choice of hot and
cold fillings

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cold fillings

Jacket Potatoes 🍷 🌱
with a choice of hot and
cold fillings

PICK A PUD!

**Jam Sponge with
Fruit Slices** 🍏

**Banana and Apricot
Flapjack served
with Fresh Fruit** 🍏

**Chocolate Ice Cream
with Fruit Slices** 🍏

**Raspberry Ripple
Cake with Fruit
Slices** 🍏

**Strawberry Frozen
Yoghurt with Fruit
Slices** 🍏

PACKED LUNCH - AVAILABLE DAILY
HAM OR CHEESE SANDWICH OR DAILY SPECIAL,
VEGETABLES, FRESH FRUIT AND DESSERT OF THE
DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT
**ALL MAIN MEALS SERVED
WITH TWO VEGETABLES**

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain
🍏 Fruity! 🍷 Nutritionist's Choice 🍷 Halal Available

WEEK 3 MENU

W/C: 14/11 05/12 26/12 16/01
06/02 27/02 20/03 10/04

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AUTUMN/WINTER 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOT SPECIALS...

Cheese and Tomato Pizza 🌱 🌿
Served with Potato Wedges

Vegetable Chilli 🌱 🌿 🍷
Served with Wholegrain Rice

Sweet and Sour Chicken 🌿
Served with Wholegrain Rice

Vegetable Chow Mein 🌱 🍷
Served with Two Vegetables

Roast Pork
Served with Roast Potatoes, Two Vegetables and Gravy

Vegetable Pastry Roll 🌱
Served with Roast Potatoes, Two Vegetables and Gravy

Beef Bolognese 🌿 🍷
Served with Wholemeal Pasta and Two Vegetables

Vegetarian Cottage Pie 🌱 🍷
Served with Two Vegetables and Gravy

Southern Fried Chicken
Served with Chips and Three Vegetables

Vegan Meatballs in Tomato Sauce 🌱 🍷
Served with Chips and Three Vegetables

DAILY FAVES...

Tomato Pasta 🌱 🌱
Fresh, homemade tomato and basil sauce with penne pasta

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JACKET POTATOES...

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with a choice of hot and cold fillings

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with a choice of hot and cold fillings

PICK A PUD!

Strawberry Ice Cream with Fruit Slices 🍷

Fruity Flapjack Bar 🍷

Fruit Jelly and Custard 🍷

Orange, Sultana and Carrot Slice 🍷

Crispy Crackle Bar and Fruit Slices 🍷

PACKED LUNCH - AVAILABLE DAILY
HAM OR CHEESE SANDWICH OR DAILY SPECIAL,
VEGETABLES, FRESH FRUIT AND DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT
**ALL MAIN MEALS SERVED
WITH TWO VEGETABLES**

🌱 Vegetarian 🐟 Oily Fish 🌿 Wholegrain
🍷 Fruity! 🍷 Nutritionist's Choice 🍷 Halal Available